

# IDENTIFYING AN OPIOID OVERDOSE

Opioid overdose events can happen to any person at any age when too much of the drug overwhelms the brain and disrupts the body's natural ability to breathe. Recognize these signs and act fast:



- 1 **SMALL, CONSTRICTED "PINPOINT" PUPILS**
- 2 **FALLING ASLEEP OR LOSS OF CONCIOUSNESS**
- 3 **SLOW, SHALLOW BREATHING**
- 4 **CHOKING OR GURGLING SOUNDS**
- 5 **LIMP BODY**
- 6 **PALE, BLUE, OR COLD SKIN**



## WHAT TO DO

- 1 **CALL 9-1-1 IMMEDIATELY**
- 2 **ADMINISTER NALOXONE, IF AVAILABLE**
- 3 **TRY TO KEEP PERSON AWAKE AND BREATHING**
- 4 **LAY THE PERSON ON THEIR SIDE TO PREVENT CHOKING**
- 5 **STAY WITH THE PERSON UNTIL EMERGENCY MEDICAL STAFF ARRIVE**



If you or someone close to you needs **help** for a **substance use disorder**, talk to your doctor or **call SAMHSA's National Helpline at 1-800-662-HELP**

