PREVENTING OPIOID DEATHS

THREE WAYS TO SAVE LIVES







PREVENTION

- Keep all medicine out of children's reach and get rid of old or unneeded products.
- Ask if any of your medicine are opioids, and keep an up-to-date medicine list for your doctors.
- Do not combine opioids with similar medicines or alcohol.
- Do not take medicine prescribed to others.
- Call poison control for questions about drug combinations, misuse.

RESPONSE

Call 911 immediately if someone cannot be awakened!

OTHER SIGNS OF OPIOID OVERDOSE:

- Slow or no breaths
- Noisy breathing
- Vomiting
- · Cool, wet skin
- Very small pupils

Use naloxone (if available) while waiting for rescue.

RECOVERY

- Seek professional treatment for addiction to opioids including prescription pain medicine, heroin, or fentanyl.
- Get support from family, friends, and doctors.
- Keep naloxone handy for others who may be at risk, or yourself in case of relapse.
- Avoid medicines that contain opioids or similar compounds.





CALLS TO 1-800-222-1222 ARE FULLY CONFIDENTIAL, FAST, AND FREE, 24/7.