



Quarterly News!

Fall 2018

Family Child Care Homes Edition

The Return of the Quarterly Newsletter



We are pleased to announce, that the PCLB staff will be sending out an informational newsletter to providers every quarter. This was once a practice of PCLB, and we want to bring it back!

Our intention is to improve

communication between PCLB and the providers of Pinellas County by providing information and clarification on topics of interest.

If there is a topic that you feel would be beneficial to fellow child care providers, please let us know.

Volume 1, Issue 1



Special points of interest:

- *December 6, 2018*
New Perspective Class
9am-1pm
- *Jan 19, 2018*
Early Care and Education
Conference at SPC Clearwater Campus

PCLB Executive Director; Year One Down!

Happy Fall Providers of Pinellas County! My name is Faith Bornoff, and have been serving in the position of Executive Director of PCLB since November 2017.

I am originally from Amarillo, Texas. My husband and I have been married for 29 years, and have two adult children. We recently moved to Florida from Hanover, Virginia. (Both of our children made the decision to relocate to Florida, as well, which makes their momma very happy!) My husband's military career allowed me to see much of the U.S., and work in many facets of the child care industry. I have owned my own home child care, was a teacher in child care centers, was a child care director, was a Kindergarten teacher at a private school, and was even the director of a religious ex-

empt preschool.

As an adult, I returned to college to earn my Master of Education degree in Early and Elementary Education with a minor in psychology.

I feel my education, diverse experiences in multiple settings and in a variety of states has prepared me for this job.

It is hard to believe that I have been serving this community through PCLB for one year now. The time has flown by!

Over the course of this year, I have had the opportunity to visit some of your homes, serve with some of you on local committees, and sit with most of you through new regulation training. It is evident to me that we are all working toward a common goal, which is to provide the best environment for the children in Pinel-

las County.

I appreciate each of you and what you do everyday.

Faith Bornoff M.Ed.
PCLB Executive Director



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Clearing House Roster Tips

Providers, please be sure that you have logged into your Clearinghouse account and completed or updated the roster. Remember it is in the regulations that the roster needs to be completed.

“The employer/owner/operator must add substitutes, employees and household members to their Employee/Contractor Roster when the individual has received a child care eligible result. Employer/owner/operator must immediately add an end date for individuals to the Employee/Contractor Roster in the Clearinghouse when employment terminates or a household member no longer resides in the home.”

Steps

1. Log into your Clearinghouse account
 2. Initiate Screening
 3. Enter social security number and last name and hit Search button
 4. When profile appears scroll to bottom of page and click on Add Employee
 5. Enter information for that person (owner, household member, or employee)
 6. Enter their origination date to the best of your knowledge
 7. Click on Save To Specified Provider
- Then print copy for your records for review by licensing specialist



Safe Sleep

Did you know that every month, a healthy baby suffocates from sleeping unsafely?

Did you know that more babies die in adult beds than anywhere else?

Did you know that last year, a group of concerned Pinellas County partners launched a campaign called SLEEP BABY SAFELY? It is part of a larger Prevent Needless Deaths regional campaign to address the leading cause of death for children under six.

Three of the leading causes of deaths in children under 1 year old are sleep related, drowning and head trauma.

Babies are also dying from sleeping on other soft surfaces like couches, futons, recliners, and air mattresses; from being laid down to sleep face first on their stomach instead of on their back; or from unsafe items such as loose blankets, toys, and bumper pads in their cribs.

This is why there are regulations regarding sleeping and napping spaces in family child care homes. This is why you must have a written plan for safe sleep practices and a written plan outlining the sleeping arrangements of the children in care. This is why providers, substitutes and volunteers must have training regarding guidance on safe sleep practices, preventing shaken baby syndrome and abusive head trauma.



Julie Oliver
Family Child Care Homes Supervisor

Source: Sleep Baby Safely Campaign-JWB





The Importance of Outside Time

The Benefits of Outdoor Play. Playing outdoors is a form of **exercise** that promotes well-being and wholesome physical development. Children are naturally drawn to active play outdoors: it allows them to explore their environment, develop muscle strength and coordination, and gain self-confidence.

Experts say that kids between **12 to 36 months** old should get at least **30 minutes** of structured physical activity (adult-led) and at least **60 minutes** of unstructured physical activity (free play) every day. And toddlers shouldn't be inactive for more than **1 hour** at a time, except when they're sleeping.

Unfortunately outdoor play is being taken away from our children through excessive TV and computer use, unsafe neighborhoods, busy and tired parents. Outdoor play allows child to make a mess, run, jump and hide, where they can shout, whistle and explore the natural world. Outdoor play is a wonderful health benefit. One way to reduce the spread of infection is through lots and lots of fresh air. Out-

door play enables the infectious agents to spread out and be dissipated; it also enables children to get fresh air and exercise and be less constrained than when indoors. Children are often more active when outside, which helps them to build strong bones and good fitness levels, while also enabling them to burn off extra energy and calories. Being in the sunshine means children naturally absorb vital vitamin D.

Giving children the freedom of playing outdoors helps them to feel happier and calmer. It encourages children to get rid of built up energy, particularly if they tend to be fidgety when sitting for long periods of time, this leads them to becoming calmer and ultimately helps them to be more focused.

Because our children experience fewer and fewer opportunities to explore nature, run, roll, climb, and swing and

because outdoor play is part of being a child, we must find a variety of ways to provide quality outdoor play experiences for children, infants through age eight years.

Julie Oliver Family Child Care Homes Supervisor
Chris Grybauskas Licensing Specialist

Sources: Inspirational Play for Parks, Schools & Nurseries Play, Development and Early Education by Johnson, Christie and Wardle



Creative Corner; MAGIC FALL POTIONS



Fall is the perfect time of the year to have fun in the great outdoors, especially when it's on your own playground or in your own backyard. Here is an activity you can try that will allow kids to use their imagination.

Have children gather 4 different things to put into a cup (Styrofoam or plastic) and you can call them "Potion Pots". Find something green, yellow, bumpy and crunchy. Tear some of the items into tiny pieces and put them into the potion pot. Take 4 bottles and put in colored water. Tell the kids that it's not water but rather: green (caterpillar boogies), yellow (sun drops), blue (moon drops) and red (autumn). Child picks a color to put in their potion pot. Have the children stir their potions, you can use popsicle sticks and pretend they are magic wands. Add ground up roots (baking soda) and add lemon juice. Potion will bubble and fizz and spill out of the potion pot. The kid's will be amazed watching their potion spill over. Have fun and enjoy!!

Elise Bishop
Licensing Specialist

Source: Learning for Life

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Pinellas**

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Mission:

To protect and promote the health, safety, and mental development of children cared for in children's centers and family child care homes in Pinellas County.

Vision:

Every child has access to quality child care and education in an environment that values diversity.

Values:

Commitment

Integrity

Quality



PCLB Staff Spotlight: Lillie Williams-Banks

As of January 7, 2019, I will be celebrating 22 years with the Child Care Licensing Program. The program has evolved from NCR forms to laptop computers, road maps to GPS systems, flip-phones to iphones (WOW!), over 30 licensing Specialists leaving the program for new job adventures and three Executive Directors.

Time marches on and things do change. I observed there is one thing that has stood the test of time, and that it is our Pinellas County License Board mission statement, "Our mission is to protect and promote the health, safety and mental development of chil-

dren cared for in the children's centers and Family Child Care Homes in Pinellas County.

I applaud parents/guardians, children and child care professionals for making a difference in a child's life.

I learned during the Thanksgiving break that my nephew's wife is having twins. It has been 70 years since someone gave birth to twins in the family.

Lillie's Words of Wisdom: "Never make a promise to a child that you cannot keep."

**Lillie Williams-Banks
Licensing Specialist**

