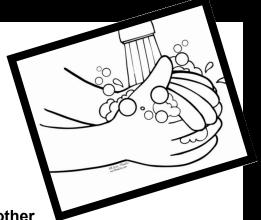
All **Operators, Substitutes**, and **Children** shall wash their hands with soap and running water, dry thoroughly, and follow personal hygiene procedures for themselves or while assisting others, and immediately after outdoor play.



A. Upon arrival for the day, after breaks, or when moving from one group to another.

## B. Before and after the following activities:

- 1. Preparing food or beverages;
- 2. Eating, handling food, or feeding a child
- 3. Brushing or helping brush a child's teeth;
- 4. Giving medication or applying a medical ointment or cream in which a break in the skin (e.g., sores, cuts, or scrapes) may be encountered;
- 5. Playing in water (including swimming) that is used by more than one person; and
- 6. Diapering.

## C. After the following activities:

- 1. Using the toilet or helping a child use a toilet;
- 2. Handling bodily fluid (mucus, blood, vomit);
- 3. Handling animals or cleaning up animal waste;
- 4. Playing in sand, on wooden play sets, and outdoors; and
- 5. Cleaning or handling the garbage.