

# Breastfeeding Classes and Meetups

Come anytime! Bring as many people as you like!  
If possible, it is best to take the class in your second trimester.

## Free Prenatal Breastfeeding Classes

### Mid-County Health Department

8751 Ulmerton Rd

**Morning Class—every 1st Thursday**  
**10:30am to 12:00pm**

**Saturday Class—every 3rd Saturday**  
**10:30am to 12:00pm**

### Clearwater Health Department

310 North Myrtle Ave

**Morning Class—every 3rd Tuesday**  
**10:30am-12:00pm**

**Espanol— 2nd martes de cada mes**  
**10:30am to 12:00pm**

### Tarpon Springs Health Department

Class held at the Tarpon Springs Public Library  
138 E Lemon St.

**Morning Class—every 3rd Tuesday**  
**10:30am-12:00pm**

### Pinellas Park Health Department

6350 76th Ave N

*Closed for renovations 1/2020-*

~~**Morning Class—every 3rd Tuesday**~~  
~~**10:30am-12:00pm**~~

## Free Prenatal Classes and Group

### St. Petersburg Health Department

205 Dr. MLK Jr. St. N.

**Every 2nd Tuesday**  
**5:30pm to 7:00pm**

**Every 2nd Wednesday**  
**10:30am to 12:00pm**

**Every 2nd Saturday**  
**10:30am to 12:00pm**

**Breastfeeding Mom's Group- Every Friday 10:00am-12:00pm**

*Come meet other moms, ask questions, and share experiences!*

## Contact Us!



WIC & Nutrition Breastfeeding Program  
Have a breastfeeding question? Need help with breastfeeding?

Call our Breastfeeding Help Line at:

**(727) 824-6997**

9am to 9pm, every day of the week



Ani Rupcheva: (727) 369-3941

Desi Koleva: (727) 275-6322

Erin Yeager: (727) 275-6569

Robin Booth Watson: (727) 568-8047

Lindsay Murphy: (727) 820-4155

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\*Vanessa Pinales: (727) 485-1836

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\*se habla español



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