VISIT A FARMERS MARKET FOR FRESH FOODS AND MORE—WITH HELP FROM DOH-PINELLAS

For a fun outing, find a farmers market for some healthy shopping





During fall and winter months, outdoor markets offering fresh fruits, vegetables, prepared food and crafts pop up around Pinellas. Farmers markets combine healthy shopping with a fun outdoor experience.

The Florida Department of Health in Pinellas County (DOH-Pinellas) has a newly revised list of these seasonal farmers markets to help you find the closest one or to plan a trip farther from home. The flyer lists the markets with their locations, hours and months of operation.

The guide was a project of the DOH-Pinellas Employee Wellness Team, a quality improvement task force that focuses on building a healthier workforce.

The revised brochure can be found at https://pinellas.floridahealth.gov/programs-and-services/wellness-programs/health-promo-school-health/documents/pinellas-county-farmers-market-guide.pdf

For information about DOH-Pinellas, go to www.PinellasHealth.com or call (727) 824-6900. Follow us on Twitter, Facebook and Nextdoor for the latest agency updates.

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About the Florida Department of Health

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