

April 14, 2016

FRESH, HEALTHY FRUITS AND VEGETABLES ANYWHERE IN PINELLAS



CONTACT: Maggie Hall, Public Information, DOH-Pinellas
Margarita.Hall@FLHealth.gov
(727) 824-6908

Spring is a great time of year to enjoy the outdoors with friends and family. Being outside encourages active lifestyles by decreasing time spent in front of a television or computer screen.

It's also a great time to visit local farmers markets and produce stands for a bounty of fresh local foods. The Florida Department of Health in Pinellas County (DOH-Pinellas), in collaboration with the Healthy Pinellas Consortium, offers a free guide to help you find your closest fresh-food location.

The *2016 Pinellas County Guide to Farmers Markets and Produce Stands* is a resource guide that lists markets by location and the day of the week it's open. Markets offer fresh produce, crafts and more. The aim of the guide is to increase the access of healthy, local food to everyone in Pinellas County. The guide also includes information on which locations accept SNAP/EBT for purchases.

Download your *2016 Pinellas County Guide to Farmers Markets and Produce Stands* at <http://pinellas.floridahealth.gov/programs-and-services/wellness-programs/health-promo-school-health/documents/pinellas-county-farmers-markets-and-produce-stands.pdf>.

For information about DOH-Pinellas, go to www.PinellasHealth.com or call (727) 824-6900.

-end-

About the Florida Department of Health

The department works to protect, promote and improve the health of all people in Florida through integrated state, county and community efforts.

Follow us on Twitter at [@HealthyFla](https://twitter.com/HealthyFla) and on [Facebook](https://www.facebook.com/FloridaHealth). For more information about the Florida Department of Health please visit www.FloridaHealth.gov.