## Alcohol & Drugs Fast Facts

### 20.9
Percentage of adults who are heavy or binge drinkers in Pinellas compared to 17.5% in Florida during 2016.¹

### 961
Number of alcohol-related motor vehicle crashes in Pinellas during 2016.¹⁰

### 277
Number of drug-related accidental deaths in Pinellas in 2016; 106 (38%) related to prescription drugs.²

## Tobacco Fast Facts¹

### 20.3
Percentage of Pinellas adults who are current smokers during 2016.

### 12.0
The Healthy People 2020 goal for percentage of adult smokers.

### 57.1
Percentage of current smokers in Pinellas who tried to quit at least once during 2016.

## Substance Abuse in Adults

### Binge drinking
Binge drinking, a pattern of drinking that brings a person’s blood alcohol concentration to .08 grams or above, occurs after 4 drinks for women and 5 drinks for men—within about 2 hours.³

Binge drinkers are 14 times more likely to report alcohol-impaired driving than non-binge drinkers.⁴

After an increase in deaths from prescription drug abuse, the Pinellas County Board of County Commissioners enacted a moratorium on any new pain management clinics until they can be fully researched and approved. In addition, The Sheriff’s Office operates Operation Medicine Cabinet, which was started to offer the public a way to safely dispose of unused prescription medicines.

Tobacco use is the single largest cause of preventable premature death in the United States.

Smoking rates in Pinellas County (20.3%) have been on the rise since 2007.¹

In 2016, more men than women reported being current smokers (21.9% versus 18.8%).¹
## FAST FACTS: Alcohol & Drugs

<table>
<thead>
<tr>
<th>Percentage</th>
<th>Description</th>
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<tbody>
<tr>
<td>56.2</td>
<td>Percentage of Pinellas high school students who have used alcohol or other illicit drugs.</td>
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<tr>
<td>31.4</td>
<td>Percentage of Pinellas middle school students who have used alcohol or other illicit drugs.</td>
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<tr>
<td>24.9</td>
<td>Percentage of Pinellas youth aged 15-17 who reported riding in a vehicle driven by someone who had been using marijuana.</td>
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>>According to Florida SADD:
- Drinking and drugs kills.
- Drinking results in 4x higher rates of alcohol-related deaths.
- Alcohol can seriously damage the brain.
- Students with GPAs of D or F drinks three times as much as those who earn As.

>>In 2018, 38.8% of Pinellas County youth aged 15-17 reported having used any illicit drug in their lifetimes.5

>>In Florida, a DUI conviction stays on your criminal record for life!

>>9 in 10 smokers began smoking before they turned age 18.

>>E-cigarettes are flavored to taste like menthol, alcohol, fruit, or other sweets, but they contain nicotine, diacetyl and other chemicals linked to serious lung disease.

>>Exposure to mass media advertising, peers and parents who smoke makes young people more likely to smoke cigarettes.

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## FAST FACTS: Tobacco

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<tr>
<td>15.7</td>
<td>Percentage of Pinellas high school students who have smoked cigarettes in their lifetime.</td>
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<td>41.3</td>
<td>Percentage of Pinellas high school students who report using Vaporizer / E-Cigarette in their lifetime.</td>
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<td>21.20</td>
<td>Percentage of Pinellas high school students who have lifetime asthma, and are highly vulnerable to secondhand smoke.</td>
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