

PINELLAS COUNTY SUBSTANCE ABUSE PROFILE

2019

SUBSTANCE ABUSE IN ADULTS

ALCOHOL & DRUGS FAST FACTS

20.9

Percentage of adults who are heavy or binge drinkers in Pinellas compared to 17.5% in Florida during 2016.¹

961

Number of alcohol-related motor vehicle crashes in Pinellas during 2016.¹⁰

277

Number of drug-related accidental deaths in Pinellas in 2016; 106 (38%) related to prescription drugs.²

TOBACCO FAST FACTS¹

20.3

Percentage of Pinellas adults who are current smokers during 2016.

12.0

The Healthy People 2020 goal for percentage of adult smokers.

57.1

Percentage of current smokers in Pinellas who tried to quit at least once during 2016.

SUBSTANCE ABUSE IS THE EXCESSIVE CONSUMPTION OF ANY ADDICTIVE SUBSTANCE IN THE QUANTITY AND METHOD NOT PRESCRIBED BY A PHYSICIAN



>> **Binge drinking**, a pattern of drinking that brings a person's blood alcohol concentration to .08 grams or above, occurs **after 4 drinks for women and 5**

drinks for men—within about 2 hours.³



>> Binge drinkers are **14 times more likely** to report **alcohol-impaired driving** than non-binge drinkers.⁴



>> After an increase in deaths from **prescription drug abuse**, the Pinellas County Board of County Commissioners enacted a **moratorium on any new pain management clinics** until they can be fully researched and approved. In addition, The Sheriff's Office operates **Operation Medicine Cabinet**, which was started to offer the public a way to safely dispose of unused prescription medicines.



>> **Tobacco** use is the **single largest cause of preventable premature death** in the United States.

>> **Smoking rates** in Pinellas County (20.3%) have been **on the rise** since 2007.¹

>> In 2016, more men than women reported being **current smokers** (21.9% versus 18.8%).¹

SUBSTANCE ABUSE IN YOUTH

FAST FACTS: Alcohol & Drugs⁵

56.2

Percentage of Pinellas high school students who have used alcohol or other illicit drugs.



>>According to Florida SADD⁵:

- * Drinking and drugs kills.
- * Drinking results in 4x higher rates of alcohol-related deaths.

31.4

Percentage of Pinellas middle school students who have used alcohol or other illicit drugs.



- * Alcohol can seriously damage the brain
- * Students with GPAs of D or F drinks three times as much as those who earn As.

24.9

Percentage of Pinellas youth aged 15-17 who reported riding in a vehicle driven by someone who had been using marijuana.

>>In 2018, 38.8% of Pinellas County youth aged 15-17 reported having used any illicit drug in their lifetimes.⁵



FAST FACTS: Tobacco

15.7

Percentage of Pinellas high school students who have smoked cigarettes in their lifetime.⁵

>>In Florida, a **DUI conviction stays** on your criminal record **for life!**



>>9 in 10 smokers began smoking before they turned age 18.⁷

41.3

Percentage of Pinellas high school students who report using Vaporizer / E-Cigarette in their lifetime⁵

>>e-cigarette are flavored to taste like menthol, alcohol, fruit, or other sweets, but they contain nicotine, diacetyl and other chemicals linked to serious lung disease.⁸

21.20

Percentage of Pinellas high school students who have lifetime asthma, and are highly vulnerable to secondhand smoke.⁸

>>Exposure to **mass media advertising, peers and parents who smoke** makes young people more likely to smoke cigarettes.⁷

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¹ 2016 Florida CHARTS. BRFS. <http://www.flhealthcharts.com/charts/Brfss/DataViewer.aspx?bid=10>. Accessed 3/18/2019.

² 2016 Pinellas County Medical Examiner's Report. <http://www.pinellascounty.org/forensics/pdfs/2016ARfinal.pdf>. Accessed 3/18/2019.

³ NIH Binge Drinking. <https://www.niaaa.nih.gov/alcohol-health/overview-alcohol-consumption/moderate-binge-drinking>. Accessed 3/18/2019.

⁴ CDC Binge Drinking Fact Sheet. <http://www.cdc.gov/alcohol/fact-sheets/binge-drinking.htm>. Accessed 3/18/2019.

⁵ 2018 Florida YSAS. <http://www.dcf.state.fl.us/programs/samh/publications/fysas/2018Survey/county-tables/Pinellas.pdf>. Accessed 3/18/2019.

⁶ Florida SADD. <https://floridasadd.org/facts-stats/>. Accessed 3/18/2019.

⁷ CDC Youth & Tobacco Use. https://www.cdc.gov/tobacco/data_statistics/fact_sheets/youth_data/tobacco_use/index.htm. Accessed 3/18/2019.

⁸ 2016 CDC. E-cig use among youths. https://www.cdc.gov/tobacco/data_statistics/sgr/e-cigarettes/index.htm. 3/18/2019.

⁹ 2016 Florida Youth Tobacco Survey. <http://www.flhealthcharts.com/charts/YouthTobacco/YTDataViewer.aspx?bid=56>. Accessed 3/18/2019.

¹⁰ Florida CHARTS. <http://www.flhealthcharts.com/charts/OtherIndicators/NonVitalIndNoGrpDataViewer.aspx?cid=0302>. Accessed 3/18/2019