

## **Peanut Butter, Strawberry & Banana Quesadillas**



### Ingredients:

- Cooking spray or butter
- 2 tablespoons peanut butter
- 2 whole grain tortillas
- 1 large ripe banana, peeled and sliced
- 4-5 strawberries, sliced
- 1/8 teaspoon cinnamon (optional)

### Directions:

- Spray a medium skillet with cooking spray (or coat with a teaspoon of butter) and heat over medium-high heat.
- Spread one tablespoon of peanut butter over each tortilla.
- Arrange both the strawberry and banana slices over one tortilla and sprinkle with cinnamon if desired.
- Top with the remaining tortilla, peanut butter side down, pressing gently to stick them together.
- Place the assembled quesadilla in the hot skillet and cook about 2 minutes per side, or until golden brown.
- Cut quesadilla into halves or quarters and serve.

*From [AmbitiousKitchen.com](http://AmbitiousKitchen.com)*