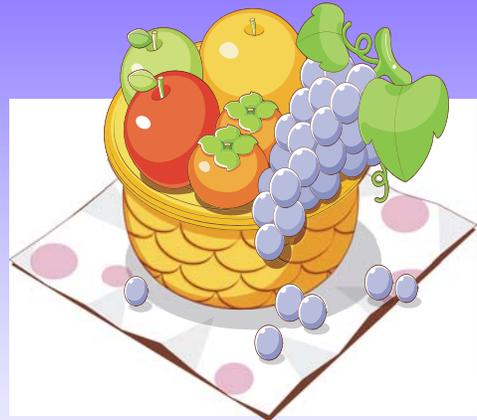


# Fruit Salad with Yogurt Sauce



## Ingredients for the Fruit Salad:

- 1 banana, sliced
- 1 cup diced pineapple
- 2 cups strawberries, halved
- 1 orange, sectioned
- 2 medium apples, cut into bite size pieces

## Ingredients for the Yogurt Sauce:

- 1 Tablespoon fresh mint, chopped
- ½ cup Plain, fat-free Greek yogurt
- 2 Tablespoons of freshly squeezed orange juice
- 1 Tablespoon of orange zest
- 1 Tablespoon of honey

## Directions:

1. Combine all the ingredients for the fruit salad in a bowl.
2. Combine all the ingredients for the yogurt sauce in a separate bowl and mix together.
3. Chill both bowls until ready to serve.
4. When ready to serve, serve fruit salad topped with yogurt sauce.

*Serving size of fruit salad: 1 cup; Makes 6 servings.*

*Serving size of yogurt sauce: 1 Tablespoon; Makes 12 servings*

