

# Breastfeeding Classes and Meetups 2018 - 2019

## Free Prenatal Breastfeeding Classes

Mid-County Health Department  
8751 Ulmerton Rd

**Morning Class— every 1st Thursday**  
**10:30am to 12:00pm**  
*Sept 6, Oct 4, Nov 1, Dec 6, Jan 3, Feb 7*

**Saturday Class—every 3rd Saturday**  
**10:30am to 12:00pm**  
*Sept 15, Oct 20, Nov 17, Dec 15, Jan 19, Feb 16*

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Tarpon Springs Health Department  
Class held at Tarpon Springs Public Library  
138 E Lemon St.

**Every 3rd Tuesday**  
**10:30am to 12:00pm**  
*Sept 18, Oct 16, Nov 20, Dec 18, Jan 15, Feb 19*

Pinellas Park Health Department  
6350 76th Ave N

**Every 3rd Tuesday**  
**10:30am to 12:00pm**  
*Sept 18, Oct 16, Nov 20, Dec 18, Jan 15, Feb 19*

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Clearwater Health Department  
310 North Myrtle Ave

**English— every 3rd Tuesday**  
**10:30am to 12:00pm**  
*Sept 18, Oct 16, Nov 20, Dec 18, Jan 15, Feb 19*

**Espanol— 2nd martes de cada mes**  
**10:30am to 12:00pm**  
*sept 11, oct 9, nov 13, dic 11, enero 8, feb 12*

**Come anytime! If possible, it is best to take the class in your second trimester.**

## Breastfeeding Meetups Prenatal and Postpartum

St. Petersburg Health Department  
205 Dr. MLK St N

**Every 2nd Tuesday**  
**5:30pm to 7:00pm**  
*Sept 11 Oct 9, Nov 13, Dec 11, Jan 8, Feb 12*

**Every 2nd Wednesday**  
**10:30am to 12:00pm**  
*Sept 12, Oct 10, Nov 14, Dec 12, Jan 9, Feb 13*

**Every 2nd Saturday**  
**10:30am to 12:00pm**  
*Sept 8, Oct 13, Nov 3\*, Dec 8, Jan 12, Feb 9*  
\*date changed to 1st Sat of the month due to the Veterans Day weekend

## Contact Us!



Florida Department of Health in Pinellas  
WIC & Nutrition Breastfeeding Program  
Warm Line

**(727) 824 - 6997**

You can call us after business hours, too!  
9am to 9pm, Every day of the week



Suria Sayus: 824-6900 Ext. 5193

Lindsay Murphy: 824-6900 Ext. 4688

Alyssa Howell: 824-6900 Ext. 7625

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This institution is an equal opportunity provider.

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