Pinellas County Resource Manual

If you would like to be referred to a home visiting program call

Connect at #727-507-4260

Visit our website at: www.healthystartpinellas.org or use QR code to access it:

For more resources call 211 or 727-210-4239

or text your zip code to 898211

Also visit: www.211connects.org

Home visiting program: _____________ Name of care coordinator: _________________ Phone #: __________________

All information is subject to change without notice.

It is strongly suggested to call before heading out to any of the resources listed in this manual.

Expect assistance by phone or email, drive through, suggestions to wear face coverings and to keep social distance.

Updated June 2020
HOW TO PROTECT YOURSELF AND OTHERS
FROM SICKNESS AS OF JUNE 2020

To stay up to date with information go to Centers for Disease Control and Prevention

Know how it spreads

• There is currently no vaccine to prevent coronavirus disease 2019 (COVID-19). The best way to prevent illness is to avoid being exposed to this virus.
• The virus is thought to spread mainly from person-to-person or people who are in close contact with one another (within about 6 feet).
• Through respiratory droplets produced when an infected person coughs, sneezes or talks. These droplets can land in the mouths, noses (possibly inhaled into the lungs) or eyes of people who are nearby.

Wash your hands often

• Wash your hands often with soap and water for at least 20 seconds especially after you have been in a public place, or after blowing your nose, coughing, or sneezing.
• If soap and water are not readily available, use a hand sanitizer that contains at least 60% alcohol. Cover all surfaces of your hands and rub them together until they feel dry.
• Avoid touching your eyes, nose, and mouth with unwashed hands.

Avoid close contact

• Avoid close contact with people who are sick, even inside your home. If possible, maintain at least 6 feet between the person who is sick and other household members.
• Put distance between yourself and other people outside of your home.
• Remember that some people without symptoms may be able to spread virus.
• Stay at least 6 feet (about 2 arms’ length) from other people.
• Do not gather in groups and stay out of crowded places and avoid mass gatherings.

Cover your mouth and nose with a face cover when around others

• You could spread COVID-19 to others even if you do not feel sick.
• Everyone should wear a facemask when they have to go out in public, for example to the grocery store or to pick up other necessities.
• Face coverings should not be placed on young children under age 2, anyone who has trouble breathing, or is unconscious, incapacitated or otherwise unable to remove the mask without assistance.
• The face cover/mask is meant to protect other people in case you are infected.
• Do NOT use a facemask meant for a healthcare worker.
• Continue to keep about at least 6 feet between yourself and others. The facemask is not a substitute for social distancing.

Cover coughs and sneezes

• If you are in a private setting and do not have on your face covering, remember to always cover your mouth and nose with a tissue when you cough or sneeze or use the inside of your elbow. Throw used tissues in the trash.
• Immediately wash your hands with soap and water for at least 20 seconds. If soap and water are not readily available, clean your hands with a hand sanitizer that contains at least 60% alcohol.

Clean and disinfect

• Clean AND disinfect frequently touched surfaces daily. This includes tables, doorknobs, light switches, countertops, handles, desks, phones, keyboards, toilets, faucets, and sinks.
• If surfaces are dirty, clean them. Use detergent or soap and water prior to disinfection.
• Then, use a household disinfectant. Most common EPA-registered household disinfectants will work.

Monitor Your Health

• Be alert for symptoms. Watch for fever, cough, shortness of breath, or other symptoms of COVID-19. Especially important if you are running essential errands, going into the office or workplace, and in settings where it may be difficult to keep a physical distance of 6 feet.
• Take your temperature if symptoms develop.
• Don’t take your temperature within 30 minutes of exercising or after taking medications that could lower your temperature, like acetaminophen.
• Follow CDC guidance if symptoms develop.
# COMMUNITY RESOURCES INDEX

The mission at Healthy Start Coalition is to promote and support healthy pregnancies, babies and families by providing services and facilitating access to community resources.

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ACCESS

Medicaid, Cash Assistance and S.N.A.P. (Supplemental Nutrition Assistance Program/Food Stamps)

ACCESS-Automated Community Connection Economic Self-Sufficiency

ACCESS can help with Medicaid for pregnant women, children and disabled, Food Stamps and Cash Assistance.

✦ If it is your first time applying for benefits and you are in need of health insurance it is suggested to apply for Medicaid first and once approved then apply for other assistance like food and cash.

✦ ACCESS allows you to use an “electronic signature,” you can complete all the forms anywhere, anytime even in the privacy of your home at your convenience.

✦ You can apply and re-certify online for benefits such as Medicaid, Food Stamps and/or cash assistance.

How to apply online
Apply for all services—www.myflorida.com/accessflorida

Service Centers and numbers to know:

Department of Children’s and Families: - Service Center - Grizzle Building - 11351 Ulmerton Rd, Suite 130, Largo, FL 33778 (DCF)

Call 1-866-762-2237 Customer service

Fax 1-866-940-7126 with documents and other verification requests

AHCA – Medicaid Help Line – Tel. 727-552-1191 and/or 1-877-711-3662 to request of change in HMO or other changes.

Where can I get help applying?

ACCESS Community Partner's are available to assist. Please be advised that you may be helped by phone or virtually and you will need to show photo ID. Always call before heading out.

North County:
Safety Harbor 727-791-8255
Citizens Alliance for Progress 727-934-5881
Community Health Centers in Clearwater 727-824-8181

Pinellas Park
Community Health Centers in Clearwater 727-824-8181

Clearwater:
High Point Neighborhood Center 727-533-0730
Dept. Health Human Services 727-464-8400

St. Petersburg:
Daystar Life Center 727-825-0442
Lealman Family Center 727-528-7891
Salvation Army 727-822-4954
Dept. of Health Human Services 727-582-7781
Sanderlin Center 727-321-9444

Mid-County:
Suncoast Haven of Rest 727-545-8282
Community Health Centers 727-824-8181

If pregnant but not eligible due to your immigration status go to:

✦ Florida Health Department Maternity Clinic call #727-275-6588 located at 310 N. Myrtle Ave, Clearwater to access Temporary Medicaid (PEPW-60 day coverage)

✦ If delivering at Morton Plant or Mease Countryside receive assistance with Emergency Medicaid that covers most delivery costs. First call #727-462-7136 and leave a message with your name, last name, phone number and due date to register to receive this assistance.

*Emergency Medicaid is for those without documents or for those that hold a resident green card of less than five years. No Visa Holders.*
BREASTFEEDING RESOURCES

WIC Warm line—7 days a week—9am—9pm #727-824-6997
Sponsored by the Florida Health Department-WIC program

- Bayfront Baby Place 701 6th St. South, St. Petersburg 727-895-3627, Lactation help: 727-290-1310 #5
- The Black Roxane https://www.facebook.com/TheBlackRoxanne/ Lactation help: 941-769-1650 by phone or virtual
- Pinellas County Health Department WIC/Lactation support 727-824-6997
  All classes and support are available by phone.
- Mease Countryside Hospital 3231 McMullen Booth Rd, Safety Harbor 1-800-229-2273, Lactation help: 727-725-6821
- Morton Plant Hospital 300 Pinellas St., Clearwater 1-800-229-2273, Lactation help: 727-462-7749
- St. Petersburg General Hospital 6500 38th Ave. N., St. Petersburg 727-341-4907

Register online: https://stpetegeneral.com/calendar/index.dot#/ce-landing-page/search
*Lactation services-free phone or office consultation.
*Preparing to breastfeed
*Breastfeeding support group in conference room

Did you know that Medicaid covers breast pumps?

Take Action:
1. Request a pump from your Medicaid Managed Care Plan.
2. Get a prescription from your doctor.
3. Preauthorization required. Codes used by Medical Provider.

- Breast pump CPT Codes
  E0604 Hospital grade rental breast pump, electric (AC and/or DC)
  E0603 Breast pump electric (AC and/or DC) any type

- ICD-10 Diagnosis Codes
  If prescription is for the mother, use O92.5 Suppressed lactation.
  If prescription is for baby, use P92.5 (difficulties feeding at breast for 28 days or younger) and R63.3 (difficulties feeding over 28 days of age).

Note: if pregnant, try to follow these steps before delivery since breast pump arrival could take a few weeks. Talk to your OB early.
CAR SEATS

If you need a car seat and cannot obtain one at retail price:

**Call to set up a virtual class: 727-767-7835**

Register online: [www.hopkinsallchildrens.org/carseats](http://www.hopkinsallchildrens.org/carseats)

This informative and interactive class is designed to show you how to use and properly install your child's car seat in your vehicle. For convertible seats (for children birth to 4 years) cost is $20 and booster seats (for children 4 years to approximately 8 to 10 years old) cost is $10. To obtain a car seat you must attend a “class” and supplies are limited to one car seat per child.

If you need a car seat checked contact:

**Call for dates and times available.**

<table>
<thead>
<tr>
<th>Location</th>
<th>Phone Number</th>
<th>Notes</th>
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<tbody>
<tr>
<td>East Lake Fire</td>
<td>727-784-8668 Ext. 204</td>
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<tr>
<td>Oldsmar Fire Rescue</td>
<td>813-749-1200—postponed for now</td>
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<tr>
<td>Palm Harbor Fire Rescue</td>
<td>727-784-0454 — call for an appointment</td>
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Clearwater Police Department (no longer offers these services)

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CHILDBIRTH CLASSES & MORE

**Bayfront Hospital Baby Place**

[https://www.bayfrontstpete.com/maternity-resources](https://www.bayfrontstpete.com/maternity-resources)

701 6th Street South, St. Petersburg
727-290-1310 or 727-290-1387

**St. Petersburg General Hospital—all classes free**

(teléfono interprete disponible)

[www.stpetegeneral.com](http://www.stpetegeneral.com)

Click on Patients and Visitors then Classes and Events to find days and times for each class.

Newborn Care, Daddy 101, Prepared Childbirth, Preparing for breastfeeding and support group, and Big Brother and Sister training.

*OB & Delivery tours available.

6500 38th Ave. North, St. Petersburg
727-341-4055 Registration required.

**Mease Countryside Hospital** - tours available

[www.baycare.org](http://www.baycare.org)

Click on Classes and Events, search Maternity then register. (sort by Near Me)

3231 McMullen Booth Rd., Safety Harbor
727-462-7500 or 855-269-4777

**Morton Plant Hospital** - tours available

[www.baycare.org](http://www.baycare.org)

Click on Classes and Events, search Maternity then register. (sort by Near Me)

Powell Pavilion-community room
303 Pinellas Street, Clearwater

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A baby’s brain at 35 weeks weighs only two-thirds of what it will weigh at 39 to 40 weeks.
CHILD CARE

Early Learning Coalition of Pinellas County, Inc.
Visit and apply online at www.elcpinellas.net
Call for an appointment 727-400-4411 ext. 3 Monday-Friday 7:30am to 5:30pm

Locations available for enrollment. Walk-in appointments not available.

- Clearwater at Countryside Towers: 2536 Countryside Blvd. Suite 500, Clearwater
- Largo at Eckerd Community Alternatives: 8550 Ulmerton Rd. Suite 130, Largo
- St. Petersburg at South County ELC office: 3420 8th Ave. South, St. Petersburg

School Readiness Program
These funds pay a portion of the child care costs for low to moderate income earning families and allows parents to focus on professional and educational goals.

Voluntary Prekindergarten—VPK
Free for all 4-year-olds, no registration fees, parents choose where their child learns, focuses on reading, writing and social skills.

R Club
Visit www.rclub.net Call 727-578-5437
Administrative office: 4140 49th Street North, St. Petersburg
Provides quality early learning and developmental programs that strengthen children, families, and communities. Serving children from infancy to middle grade ages, daily at 47+ locations in Pinellas County, including pre-school, pre-K, VPK, HIPPY, Elementary and Middle School and special needs with programs such as Project Challenge, New Beginnings, and Child Care Outreach.

Lutheran Services of Florida Head Start and Early Head Start
Visit www.lsfnet.org Call 727-547-5979
Administrative office: 2210 Tall Pines Drive, Largo
Provides quality early childhood education to children the first five years of life to prepare them for a healthy, happy, and successful future. Children may qualify depending on family’s income. Many locations available all over the Pinellas County.

Special Needs Programs

Early Steps Program
480 7th Ave. South, St. Petersburg
Ph. 727-767-4403 or (800) 374-4334 Fax: 727-767-4715
Screening, assessment and therapies for children birth to 3yrs at risk for developmental delays.

Gulf Coast Child Find (FDLRS)
2929 County Road 193, Clearwater
Ph. 727-793-2723 Fax: 727-793-2729
Screening for 3 to 5-year-olds who may have difficulty in a day-care setting.

Children's Medical Services (CMS)
3491 Gandy Blvd. N, Suite 100, Pinellas Park, FL 33781
727-217-7800
Eligibility: Children from birth to 21 years of age with a chronic medical condition. Income based.

Help Me Grow Pinellas
Call 211 or 727-210-4211 options 3, 5, and 2 to speak to a Care Coordinator.
HMG is open to all families with children under 8 years old.
www.211tampabay.org/services/help-me-grow/

PARC Discovery Learning Center
“Turning disabilities into capabilities.”
3190 Tyrone Blvd. North St. Petersburg
Ph. 727-345-9111 Fax. 727-345-7130 www.parc-fl.org

Pediatric Health Choice - Clearwater (PPEC)
Prescribed Pediatric Extended Care
2364 Drew Street, Clearwater Ph. 727-723-1100
Children with medical needs (birth – 21). Day care with transportation to and from home provided. Ratio 1-3. Part-time services available & parent does not need to be working.

The Kidz Club – St. Pete (PPEC)
Prescribed Pediatric Extended Care 6 weeks to 20 years.
850 3rd Avenue South, Suite C, St. Petersburg 33701
Ph. 727-821-5439 Fax.727-821-9459
https://thekidzclub.com/our-centers/st-petersburg/
Child Care for medically fragile children. Pediatric medical day treatment facility with transportation provided.
COUNSELING/GRIEF SUPPORT

**Bay Care Behavioral Health**  Call main #877-850-9613
Specializing in helping people with mental health issues of all kinds. Locations in Clearwater, Largo and St. Petersburg

**Big Bear Behavioral Health**
#800-840-2528 Accepting Medicaid and other private insurances. Helping with depression, anxiety, ADHD, Defiance, bipolar disorder and more.

**Caring Community Counseling**
3840 5th Ave N, St Petersburg  Call 727-367-2273
In home, school or office counseling, classes, psych assessments, and medication management.
Children-Teens-Adults
All Medicaid HMOs and most private insurance,

**Community and Family Solutions**
Call 727-256-2888 in St. Petersburg
Therapy in many ways to achieve full potential.

**Directions for Living**  Call 727-524-4464
1437 S Belcher Rd, Clearwater, FL
8823 115th Avenue North Largo
Individual, couples, family, and group therapy, psychiatric services, on-site pharmacy and more. Medicaid, sliding scale; insurance. www.directionsforliving.org

**Family Enrichment Services**  Call 727-657-7761
3941 68th Ave. N. Pinellas Park
Counseling services for children and their family from 0-24 years of age. Accepts all Medicaid and sliding scale.
Wide array of specialties such as infant mental health and trauma informed care. referrals@arsponline.org  Fax 727-865-5178

**Family First of Florida**  Call 727-683-9849
Located in Pinellas Park providing mental health services for Children, Adults and Families.  M-F 8:30am-5pm

**Family Resources**  Call 727-521-5200
5180 62nd Ave. N. Pinellas Park
Family and individual counseling with children 6-17 yrs.

**Florida Healthy Transitions**
For young people ages 16-25 who have or are at risk of developing a mental health condition.
Dial 211 or text FHT to 898211

**Federal Substance Abuse & Mental Health Info Center**
1- 800-789-2647

**NAMI National Alliance on Mental Illness**
Help Line: 727-791-3434

**Personal Enrichment through Mental Health Services (PEMHS)**  Call 727-545-6477
Main Campus/Crisis Center: 11254 58th St N, Pinellas Park
PEMHS 24 hour Suicide Hotline 727-791-3131
PEMHS 24 hour Mental Health Assistance 727-541-4628

**Pinellas Support Team of The Children’s Home**
Call 727-785-2762 for families with children ages 3-17
In-home or office, week-ends, eyes available
Free for those with no access to services.

**Post-Partum Support International**
Text or call #813-358-8126
For those experiencing post-partum disorder or depression. www.postpartum.net

**Suncoast Center**  www.suncoastcenter.org
Central Office: 4024 Central Ave. St Petersburg
For appointments call: 727-388-1220
Many programs available focusing on mental health, substance use, family counseling, trauma assessment and counseling.
Sexual Assault Service Helpline: 727-530-7273
Abuse Hotline: 800-962-2873

**Suncoast Hospice at Empath Health**
The Children's Program providing support for families experiencing child illness. Call 727-467-7423 $20 a session
Community Counseling providing counseling for those experiencing death of a loved one. Call 727-523-3451
Grief Matters providing support groups. Call 727-523-3455

**USF St. Petersburg Infant Family Center**
Call 727-873-4876 itc@usf.edu
100 5th Ave. S. Suite 300 St. Petersburg
Therapy for families with children ages 0-5 at no cost. In home or in office. Flexible appointment times. Services available in English and Spanish.

**Windmoor Healthcare of Clearwater**
11300 US 19 North, Clearwater
Call 727– 202-2314 - Local intake and referral by phone, 24 hours a day.
For adults 18 and older. Provides a full range of psychiatric and chemical dependency services.
Medicaid-HMOs and many other insurances accepted.

**Perinatal Loss Program with Suncoast Hospice**  Call 727-523-3451
Supporting those facing pregnancy loss. Offers specialized comfort, education and support to patients and families. Services include: psychosocial support, development of birthing plan, support during birth, memory making activities before and after pregnancy loss, anticipatory grief and bereavement support, assistance with making final arrangements when needed.
**DENTAL SERVICES**

**Pinellas County Health Department**
To make an appointment call #727-824-6900 and request Dental
Accepted insurances: DentaQuest, Liberty and MCNA.
Children without dental insurance will pay a flat fee of $25
Appointments made for all children including infants.
Pregnant women will need a clearance for their OB doctor at time of appointment.
Locations close for lunch from 12:00-1:00 pm
Services available at 4 locations:
- **Clearwater Health Department**—310 N. Myrtle Ave. Clearwater 33755
- **Mid-County Health Department**—8751 Ulmerton Rd. Largo 33771
- **St. Petersburg Health Department**—205 Dr. Martin Luther King Jr. St. N. St. Petersburg 33701
- **Tarpon Springs Health Department**—301 S. Disston Ave. Tarpon Springs 34689—once a month

**Community Health Centers of Pinellas**
Call 727-824-8181 or visit [www.chcpinellas.org](http://www.chcpinellas.org)
Accepting sliding scale fee for the uninsured, Medicaid. All ages including pregnant women.
Services available at two locations: (Closed for lunch 12:00-1:00)

<table>
<thead>
<tr>
<th>JRC Dental Offices</th>
<th>Clearwater Dental Office</th>
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<tr>
<td>1344 22nd St., S., St. Petersburg</td>
<td>702 Jasmine Way, Clearwater</td>
</tr>
<tr>
<td>Mon-Thurs 7:00am-6:00pm</td>
<td>Mon.-Thurs 7:00am-6:00pm</td>
</tr>
<tr>
<td>Fri 7:00am-4:30pm</td>
<td>Friday 7:00am-4:30pm</td>
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Call for a list of Medicaid approved dentists.
727-552-1191
Or Visit [www.ahca.myflorida.com](http://www.ahca.myflorida.com)

**Community Dental Clinic** Tel. 727-216-6155
1008 Woodlawn Street, Clearwater
[www.communitydentalclinic.net](http://www.communitydentalclinic.net)

**Dental Walk-In Clinic of Pinellas** Tel. 727-533-9199
1030 Belcher Rd. S., Largo
Affordable treatments for toothaches, extractions, pain and swelling, root canals, teeth and mouth injuries, dental hygiene, weekend cleanings and more.

**Gulfcoast Dental Outreach**
[www.gulfcoastdentaloutreach.org](http://www.gulfcoastdentaloutreach.org)
301 South Disston Rd, Tarpon Springs, FL 34689
Tel. 813-579-3935 Ext. 104 for open enrollment info.
Reduced fee dental for 3yrs and up.

**St. Petersburg College Dental Hygiene Clinic**
7200 66th St. N. Pinellas Park Tel. 727-341-3668
Cleanings $45 X-rays $15

**St. Petersburg Free Clinic**
863 3rd Ave N. St. Petersburg Tel. 727-821-1200
Free dental care for the uninsured adults

**University of Florida College of Dentistry**
9200 113th St. N. Seminole Tel. 727-394-6064
First come, first served basis. $181 minimum

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DOMESTIC VIOLENCE

CASA Domestic Violence Center
Free services for victims of domestic violence.
English and Spanish language available
Safe, temporary shelter, food, clothing, support, counseling, legal, medical advocacy, daycare for children, related services
www.casa-stpete.org

The Haven at Religious Community Services (RCS)
Hotline: 727-442-4128 24 hrs./7days a week
Outreach: 727-441-2029
Free services for victims of violence. Safe, temporary housing, individual and group, information and referrals,
https://rcspinellas.org/help/#domestic

Shine the Light Call Jessica 727-452-7007
Domestic Violence Ministry and support groups.
Shinealightondv@yahoo.com
Www.facebook.com/shinealightondv

Suncoast Center Inc.
4024 Central Ave. St Petersburg, FL.
Client Services 727-388-1220
www.suncoastcenter.org

- Trauma Services-For victims of domestic violence.
- Early Childhood Services-Specialized services for young children exposed to violence or trauma or experiencing social, emotional, or behavioral difficulties. In home services available. Ages 1-5 years of age.
- Many more services and programs available.
- Serving the community at 9 locations around Pinellas.

Florida Domestic Violence Hotline
1-800-500-1119
www.fcadv.org

Florida Abuse Hotline
1-800-96-ABUSE (1-800-962-2873)

National Domestic Violence Hotline
1-800-799-SAFE(7233)

Rape Crisis Hotline
727-530-7273

Police Victim Advocate
St. Petersburg 727-893-7265
Largo 727-587-6770
Sheriff's office 727-582-6465
Pinellas Park 727-541-0766
Clearwater 727-562-4350

*Hillsborough County
The Spring of Tampa Bay
Crisis Line: 813-247-7233
Free services for victims of domestic violence. Provides temporary shelter for victims, children. Family violence intervention program available as well as support groups and injunction services.

*Manatee County
Hope Family Services
Bradenton
(941)755-6805
Sarasota
SPARCC-Safe Place and Rape Crisis Center
(941) 365-1976

*Pasco County
East Pasco/Hudson
Sunrise of Pasco County
352-521-3120
West Pasco/Hudson
Salvation Army DV Program
727-856-5797 – TDD: 727-364-6132

*Polk County
Lakeland
Peace River Center
863-519-0575 - 24 hours a day

All information is subject to change without notice and it is strongly suggested to call before heading out to any of the resources listed in this manual. Expect assistance by phone or email, drive-thru, suggestions to wear face coverings and to keep social distance.
EDUCATION

**Career Academy of Seminole** ages 9–12
12611-86th Ave. N, Seminole
727-545-6405

**Enterprise High School** up to age 21
2461 McMullen Booth Road --Building B, Clearwater
727-474-1237

**Pinellas County K-12 Schools** – call for your zoned school
Administration Office 727-588-6000
ESOL Department 727-588-6068
Teen Parent Program 727-588-6070

**Pinellas County Adult Education Centers**
Providing: Adult Basic Education, GED/Adult High School/High School Credits, Applied Academics for Adult Learners, ESOL, Community and Online Classes
www.pcsb.org
Locations:
* Centers in Clearwater 727-469-4190
540 S. Hercules Ave, Clearwater
* Palm Harbor Community School 727-669-1140
1900 Omaha St, Palm Harbor
* Lakewood Community 727-893-2955
1400 54th Ave. South, St. Petersburg
* Clearview Adult Education Center
1895 Gulf to Bay Blvd. Clearwater 727-469-5817
815 43rd Street North St. Petersburg 727-221-5395
* Tomlinson Adult Learning Center 727-893-2723
296 Mirror Lake Dr N, St Petersburg
* Dixie Hollins Center 727-547-7872
4940 62nd Street North, Kenneth City

**Pinellas Technical College**
https://www.pcsb.org/myptc
Focusing on postsecondary education with over 40 exciting career areas and about 60 programs.
Locations:
6100 154th Ave. N. Clearwater 727-538-7167
901 34th St. South, St. Petersburg 727-893-2500

**St. Petersburg College** — 727-341-4772
Offers more than 100 associates degrees and certificate programs, including many high-demand, high-skill industry recognized workforce certifications and more than 20 bachelor’s degrees.
10 Campuses available all over Pinellas County
Women on the Way Program at Clearwater Campus
Call: 727-791-2634

**University of South Florida St. Petersburg**
A public university providing undergraduate and graduate courses.
140 7th Ave. South, St. Petersburg 727-873-7748

**Union Academy Family Center**
GED Program and English Classes
401 E. MLK Jr. Dr., Tarpon Springs 727-942-5498
For Pinellas residents and under 18 years of age.

**Ultimate Medical Academy** — 727-298-8685
www.ultimatemedical.edu/clearwater
Providing healthcare training such as Medical/Dental/Nursing Assistant, Patient Care/Phlebotomy Technician.

**United Methodist Cooperative Ministries**
English Classes call 727-442-6881
Main office: 12945 Seminole Blvd. Bldg. 2, Largo
Classes at many locations.

EMPLOYMENT

**Career Source of Pinellas**
Visit www.careersourcepinellas.com or Call 727-524-4344
Assists in preparing and referring you to leading employers, job listings, employability skills training and more.

**Boley Centers**
TANF program, job placement, and transportation for those with mental health diagnosis referral needed. Tel. 727-499-2352
Main office: 445 31st. Street N. St Petersburg

**Pinellas County Urban League**
Provides workforce development, education (GED/Adult education) and financial empowerment.
333 31st St. N, St Petersburg: 727-327-2081

**Vocational Rehabilitation Services**
Vocation evaluation, and employment assistance. Must have a disability that impacts your ability to get or keep a job.
http://www.rehabworks.org
FAMILY PLANNING COVERAGE

Don’t forget about the “Family Planning Waiver”
Space Babies Two Years Apart!

TO APPLY FOR THE FREE MEDICAID FAMILY PLANNING WAIVER PROGRAM

- If you are a woman of childbearing age (14-55) who has lost full Medicaid coverage for any reason (not just pregnancy coverage), you may be eligible for two years of Family Planning Services including:
  - Initial and annual family planning office visits which includes required lab tests and Pap Smear
  - Family planning counseling visits
  - Contraceptive supply visits
  - Medicaid-covered, FDA-approved birth control methods
  - Voluntary sterilization including tubal ligations
  - Screening for HIV
  - Limited diagnosis and treatment for sexually transmitted infections and other gynecological problems to include colposcopy.

During your pregnancy, ask your prenatal care provider if he or she will provide the above services through this special program at their office. If your prenatal care provider does not offer these services after the six week post partum visit, one of the following providers may provide you care:

- Community Health Center: St. Petersburg, Pinellas Park, Lealman and Clearwater - 727-824-8181
- Turley Family Health Center - 727-467-2400
- Palm Harbor at Ladies & Babies - 727-781-3448
- St. Petersburg at Bayfront Family Health Center – 727-893-6198

If you had full Medicaid Coverage through your pregnancy or any other full Medicaid coverage, you must go to a Florida Department of Health Center and apply for both years of coverage.

- Clearwater: 310 North Myrtle Avenue – 727-275-6572 (Spanish available)
- Largo Mid County: 8751 Ulmerton Rd. Largo – 727-824-6900 ext. 0
- Pinellas Park: 6350 76th Avenue North – Closed for the next 6-8 months.
- St. Petersburg: 205 Dr. M.L.K. Jr. St. North - 727-824-6900 ext. 0
- Tarpon Springs: 301 South Disston Avenue - 727-824-6900 ext. 0

For additional information, contact:

Cindy McNulty, Community Affairs Manager  The Healthy Start Coalition of Pinellas, Inc.
Phone: 727-507-4260, ext. 229  Fax: 727-507-6331
E-Mail: cmcnulty@healthystartpinellas.org  Website: www.healthystartpinellas.org
FAMILY SERVICES

**Beds for Babies**  Call or Text: 727-512-3740  
[www.healthystartpinellas.org](http://www.healthystartpinellas.org)  
The Healthy Start Coalition of Pinellas provides a pack and play as a safe place for your baby to sleep and other necessary items. Must be a Pinellas county resident, pregnant and/or have a baby younger than 8 months.

**Daystar Life Center**  Tel. 727-825-0442  
1055 28th St. S.  St. Petersburg  
Helping with food, clothing, household items, rent, utilities, FL ID, transportation, health care items, computer and phone access, and tax filing.

**Firmly Established, Inc.**/Holistic Coaching  
Tel. 727-678-1751  
Offering Social Services in Pinellas County  
Office: St. Petersburg, FL – By Appointment Only  
*Employment Assistance*  *Background Clearance Application*  
*Youth Services Referrals*

**Florida Dream Center**  Tel. 727-240-0734 & 727-851-9074  
4017 56th Ave. North, St Petersburg  
Helping with food, human trafficking, hope to the incarcerated, fighting homelessness and poverty.

**Florida Relay Service**—FRS  
Hearing impaired call: 1-800-955-8771  
Non-hearing impaired call: 1-800-955-8770

**Kinship Care**  #727-785-2762  
Support for relative caregivers such as therapy, tutoring, respite etc.

**Men in the Making**  
Mentoring program focusing on role modeling and life skills to increase minority male success from cradle to college.  
Contact by email: mentor@meninthemaking.org

**North East Park Baptist Church**  Tel. 727-896-3178  
3737 1st Street N.E., St. Petersburg  
Free bread and clothing for women, men and children.

**Shepherd’s Center**  Tel. 727-939-1400 x. 409 or 417  
304 S. Pinellas Ave. Tarpon Springs—Office hours: M, T, Th. & F 10-1pm  
Food pantry, ID’s, Clothing, Household item, Duke Energy bills, Prescription assistance.

**Sleep in Heavenly Peace**  
Providing bunk beds for children that do not have their own bed to sleep on. Contact Jim Baker #844-432-2337 x. 5704  
Request a bunk bed by using this link:  
[https://www.shpbeds.org/request-bed](https://www.shpbeds.org/request-bed)

**Alpha House**  Tel. 727-822-8190  
701 5th Ave. N.  St. Petersburg  
Assists with maternity and children’s clothing.

**Big Brothers Big Sisters**  
Mentoring program for children ages 5-13 to empower their ability to shine brightly. Tel. 727-351-4673 Shirley Nix.

**Clothes to Kids, Inc.**  Tel. 727-441-5050  
1059 N Hercules Avenue Clearwater  
2168 34th St. S.  St. Petersburg  
Two referrals needed. First one with reduced lunch letter and second from Pinellas County Schools. Clothes given twice in a 12 month period.  
[https://clothestokids.org/](https://clothestokids.org/)

**Florida Kid Care Insurance**  
Affordable health, dental & vision insurance for kids 1-18.  
Year around enrollment for those not eligible for Medicaid.  
NO deductible.  
$15-$20 a month depending on income.  
Apply online at [www.floridakidcare.org/](http://www.floridakidcare.org/) or call 1-888-540-5437

**Health Insurance Navigators**  
open to the public  
Mease Countryside Hospital—727-443-8586  
Mease Dunedin Hospital—727-734-6238  
Morton Plant Hospital—727-461-8243  
St. Anthony’s Hospital—727-825-1397

**Operation Attack**  at Lakeview Presbyterian Church  
1310 22nd Ave. S., St. Petersburg  Tel. 727-822-1187  
Food & Clothing. Only passed due electric bill for those living south of Ulmerton. Need referral.

**Pinellas County Urban League**  
Workforce development, health initiatives, education and financial empowerment programs. 727-327-2081

**Pinellas School Board Mentoring and Tutoring**  
If your child needs a mentor or positive impact in academics, social or career, contact your child’s school. Programs such as Lunch Pals, Girlfriends, 5000 Role Models and more.

**The Gathering of Women**  
727-433-1352 Providing a voice for women and a force for change in your community thru workshops, award ceremonies, youth summits and “Flower Girl and Butterflies” program.

**We Help/Free Clinic**  
Tel. 727-823-3471 or #727-821-1200 ext. 101  
Assisting with ER food, water bills, FL ID's, birth certificates for adults, and transportation for verified employment.  
863 3rd Ave. N., St. Petersburg
Healthy Start at Johns Hopkins All Children’s
(727) 767-6780
Fatherhood programs (including care coordination) for fathers in 33701, 33705, 33707, 33710, 33711, 33712, 33713, 33714, 33755, & 33756.

Pinellas County Health Department Fathers’ Program- Healthy Families Program
(727) 824-6986 or (727) 549-6633
Assists father in becoming actively involved in the lives of their children and prevention of the cycle of absent fathers.

Boot Camp for New Dads at Morton Plant Hospital & Mease Countryside Hospital
(727) 462-7500 x.2  Cost $25.00
One-day program to teach new or expecting fathers of all ages about care of their children.

Daddy 101 Class St. Petersburg General  
6500 38th Ave North St. Petersburg, FL in the Auditorium
Call to register: 727-341-4055  2nd Monday of each month  6:30-8pm
Learn how to hold infant, diapering, bathing and what to do in an emergency.

Planned Parenthood
(727) 898-8199
Male health services, vasectomies, STD testing.

Douglas Bonar, LMHC at A Center for Wellness
(727) 544-3352
Group services for men.

5th Avenue Church of Christ
(727) 323-9259
Men’s class.

Northwest Church of Christ
(727) 345-2836
Men’s Bible study, softball programs.

All Nation’s Seventh Day Adventist Church
Call Pastor John Mills at #305-494-5000
Men's ministry.

Pinellas Community Church
(727) 866-1184
Men’s group.

City on A Hill Church in St. Petersburg
(727) 851-9999
Men’s Bible study. Wednesdays at 7pm.
FOOD ASSISTANCE

Please be advised that in most instances you may need to provide proof of address, proof of income and Social Security number or birth certificate for each family member and may need a referral. Call for details.

Aldersnole United Methodist Church
Seminole Interfaith Food Pantry
9530 Starkey Rd., Seminole  727-392-9365
Photo ID, last 4 digits of SS# of all family members required.

Clearwater SDA Community Church
1445 Lakeview Road, Clearwater  727-351-7021
Entrance on Queen Street North

Daystar Life Center  727-825-0442
1055 28th Street South St. Petersburg, FL 33712
Food pick up outside only. Tues., Thurs., Fri.
9:00 am to 3:00 pm

Feeding Tampa Bay
http://feedingtampabay.org/mobile-pantries/

Helping Hands
2565 Blackburn Street, Clearwater  727-724-1290
Mon., Tues., Wed., Thur., and Sat. 9:00 am to 12 pm only.

Kind Mouse  727-575-7834
90 day feeding program for families affected by the economy.
Apply online www.thekindmouse.org

Operation Attack
Closed until further notice.

Open Arms Ministry
2039 E. Druid Rd. Clearwater  727-586-5380
Drive up/pick up on Mon., Tues., Wed. only from 1:00pm to 3:00pm.

Salvation Army
Social Services Office
1400 4th Street South, St. Petersburg  727-822-4954
No appt. needed first come first serve Mon., Wed., and Fri. starting at 9:00am. Requirements are photo ID, proof of income, last 4 digits of SS# for all members in household.

Clearwater
1521 Druid Rd E., Clearwater  727-446-4177
Mon., Tues., Thur. and Fri. 9:30am to 11:45am and again from 1:00pm to 3:30pm. Requirements are photo ID, proof of income, last 4 digits of SS# for all members in household and recent utility bill (water, gas or electric).
Services North of Ulmerton Rd. and must call Tarpon Springs
209 S Pinellas Ave., Tarpon Springs, 727-934-4476

St. Vincent DePaul Soup Kitchen
1345 Park St., Clearwater  727-441-3790
Still serving meals daily, no dining in. ONLY TAKE OUT.

St. Vincent DePaul United Methodist Church
2817 Sunset Point Rd Clearwater  727-796-3057
Food Pantry: Mon. 10am-1pm—one person at a time.

We Help / St. Petersburg Free Clinic
863 3rd Avenue N., St. Petersburg  3-5 days of food 727-821-1200 x101
Documents such as ID, SS etc. needed.
Mon., Tues., Thurs., Fri. 8:30 am to 7:00 pm.

Church & Community Outreach Food Pantry
200 S. McMullen Booth Rd. Clearwater 33759
727-351-5176 — drive through
Wednesday & Friday 8:30am-12pm

Clearview United Methodist Church
4515 38th Avenue North, St. Petersburg, FL 33713
Tel: 727-522-4673 Hours: Thurs. 9:30am – 11:00am

Elevated Church
4371 76th Ave. N. Pinellas Park  727-544-3293
2nd & 4th Friday of the month at 6pm.

First United Methodist Church of Pinellas Park
Closed until further notice.

Holy Cross Catholic Church
7851 54th Ave. N. St. Petersburg  727-548-9878
Delivery of food will begin in June.

Northside Baptist Church
6000 38th Ave. North, St. Petersburg 33710
727-351-5176 Weds. 6-8pm Fridays 10am-12pm

Pasadena Community Church
227 70th St. S. St. Petersburg 33707
727-381-2499 Closed until further notice.

Religious Community Services
700 Druid Road E., Clearwater  727-443-4031
M,T,W,F 12:30-3:30 Thurs. 12:30pm-6:30pm
Drive thru and walk up only. Please use back door on Myrtle Ave.

Shepherd's Center  727-939-1400 ext. 409 o 417
304 S. Pinellas Ave. Tarpon Springs—M,T, Th, F- 10 am - 1:00 pm
Also delivering food to the homebound.

St. Giles Pinellas Emergency Pantry
8271 52nd St. North Pinellas Park  727-545-2664
Thursday only 9:30 am to 12:30 pm.

St. Luke's United Methodist Church
4444 5th Avenue N., St. Petersburg  727-321-1335
Mon. 5-6:30pm
Drive thru only.

Suncoast Haven of Rest Rescue Mission
1763 9th Ave N. St. Petersburg, 727-545-8282
10a-5p M – F / 10a-1p Saturday
Food Box Program every 30 days
Entrance on Queen Street North

Thrift Store & Food Bank-Wesley United Methodist
301 37th Avenue North, St. Petersburg  727-896-4797
Hours: Mon, Wed, Fri. 9:00am – noon

WIC  See page 28
Affordable Housing

**Boley Centers**
Lobby is closed to the public. The Housing List is closed and will not be re-opening in the near future. The Wait List is not moving at this time. Those on this list may call after June 8th for updates.
Tel. 727-821-4819 Main office: 445 31st. Street N. St Petersburg by appointment only.

**Contemporary Housing Alternatives/Restricted of Florida (CHAF Properties)**
Tel. 727-522-1504 CLOSED to the Public as of March 17th. No further information on re-opening.

**Clearwater Housing Authority**
Corporate Square 28050 US Hwy 19 N, Suite 103, Clearwater, FL
Tel. 727-461-5777 Fax. 727-216-0730 Properties located within Clearwater city limits
Central Office is closed to the public. Appointments are being accepted via mail/email only. There is a drop box in front of office for leaving applications/documents. Due to a high volume of calls expect a long wait time (days or weeks) for a response.

**Habitat for Humanity of Pinellas County**
13355 49th Street North, Clearwater & 1350 22nd St. S. St. Petersburg Tel. 727-536-4755 Habitat offices are closed to the public through Tues. June 30th. Hotline# offered for candidate questions etc. (727)209-2196. Habitat Pinellas builds and sells homes at no profit, with 0% mortgage for qualified candidates.

**Home Share Program**
500 South Walton Ave. Tarpon Springs 34689
Rooms for rent throughout Pinellas County with monthly payments ranging from $450 to $600
Five year Pinellas County residency or national background check with $45.00 fee required.
2 People max per room. Tel. 727-945-1528 Fax. 727-279-2814 TDD: 1-800-955-8770 and TTY: 1-800-955-8771

**Neighborhood Home Solutions / One-Stop HUD approved housing counseling center**
Offices are closed to the public. No further information on re-opening.
1600 Dr. Martin Luther King Jr, St, S St Pete, FL - Tel. 727-821-6897 , Fax (727)821-7457
Home buying education, financial fitness class, credit rebuilding, and home mortgage problems such as Foreclosures or mortgage delinquency. All services free and available to all income levels. www.nhsfl.org

**Pinellas County Housing Authority**
11479 Ulmerton Road, Largo, FL • 727-443-7684
Lobby is closed to the public. Clients may apply via mail, email or drop box documents for processing until further notice. Due to a high volume of calls expect a long wait time (days or weeks) for a response.
Provides low rent housing to low income families. Section 8 housing available also. Check website for availability.

**Shepherds Village**
Admin. Office 1910 E. Bay Dr. Largo. Program for single mothers. Tel. 727-216-1402 x. 508

**St. Petersburg Housing Authority**
2001 Gandy Blvd. North St. Petersburg FL 33702 • 727-323-3171
Lobby is closed to the public as of March 30th. Clients may apply via mail, email or drop box documents for processing until further notice. Due to a high volume of calls expect a long wait time (days or weeks) for a response.
TDD 1-800-955-8770 – TTY 1-800-966-8771 – FAX: Section 8 (727) 328-6999 – Public Housing (727)343-4658
Rental assistance to low income families in low rent public housing developments and in private sector through rental assistance programs. Rent is based on income and family size.
www.stpeteha.org

**Tampa Bay Community Development Corporation**
Housing Counseling Service: 2139 NE Coachman Rd, Suite 1, Clearwater FL 33765
For support information on home foreclosure/mortgage default call 727-442-7075.
Classes being help by ZOOM.
Homebuyer's workshops and counseling available.
www.tampabaycd.org (For class schedule see website)

**Tarpon Springs Housing Authority**
500 S. Walton Ave., Tarpon Springs, FL • 727-937-4411, Fax – (727)279-2814
Lobby is closed to the public. Clients may apply via mail, email or drop box documents for processing until further notice. Due to a high volume of calls expect a long wait time (days or weeks) for a response.
Affordable housing for rent, no Housing Choice Voucher (Section 8) accepted.
Note: No vouchers produced here
Survival Kit

- One week supply of food that requires no cooking such as ready to eat canned meats, fruits, vegetables, nuts, beef jerky, trail mix, raisins, peanut butter, granola bars, formula, baby food, powdered milk
- One gallon of water per person—7 day supply
- Non-electric can opener
- Disposable cups, plates and utensils
- Cooler and ice
- Pet food
- Cash

Sanitation/First Aid

- Toilet paper and/or moist towelettes
- Feminine supplies
- Personal hygiene items
- Medications and copies of prescriptions

Tools and Emergency Supplies

- Flashlights and/or lanterns
- Battery operated radio
- Matches or lighter
- Full tank of gas in vehicle
- Compass and local maps with shelters—know your food zone
- Cell phone with charger
- Extra batteries
- Plastic sheeting and tarps
- Elastic cords or rope
- Utility Knife

Clothing and bedding

- One complete change of clothing and shoes per person
- Sturdy shoes
- Rain gear
- Blankets and sleeping bag
- Sunglasses

Kids and Entertainment

- Favorite nonperishable snacks
- Stuffed animal or favorite toy
- Blanket and pacifier
- Diapers and wipes
- Card or board games
- Books

Legal

- Important documents together in air tight bag or container:
  - social security cards
  - health insurance information
  - home or rental agreements and insurance coverage
  - contracts
- Take photos or video and inventory your property before the storm just in case you have to make a claim.
LEGAL SERVICES

Bay Area Legal Services  (English & Spanish)
1-800-625-2257-Pinellas, Pasco, Hillsborough, Sarasota & Manatee Counties  www.bals.org
Providing pro-bono services for the under-served.

Community Law Program  Tel 727-582-7402
Office: 501 First Ave. N. Room 519, St. Petersburg 33701
Email: clp@lawprogram.org
Provides free civil legal assistance in the areas of family law, housing consumer rights, criminal records expunction, wills and advance directives to seniors, and probate. For Pinellas County resident with a household income of 185% at or below federal poverty guidelines.
Website:  www.lawprogram.org

Human Trafficking hotline
24 a day/every day 1-888-373-7888, TTY: 711

Pinellas County Child Support Enforcement
1-800-622-kids (5437)  Monday - Friday 7a.m. - 7p.m.
11351 Ulmerton Road Suite 207, Largo, FL 33778

Plan for Peace  co-parenting seminars
Tel. 727-348-7323  24/7 Help line: 1-800-819-7882
Providing family mediation, co-parenting and counseling when considering divorce/separation.

Services Unlimited
Tel. 727-645-2856 Law assistance center helping with divorce, unemployment, child support, medical disability and more. Sliding scale fee available.

DNA Testing
1-800-DNA-CENTER (362-2368)

Family Law Pro Se Project
Resource center helping with guidance in child support, visitation, custody, paternity, name changes, etc.
Locations in St. Petersburg & Clearwater – 727-582-7200

Gulf Coast Legal Services
501 1st Ave N, Suite 420., St. Petersburg
Tel. 727-821-0726
5175 45th St. N. Room 216, Lealman 33714
Tel. 727-821-0726
www.gulfoastlegal.org

Money Management International
Budget, credit, and bankruptcy assistance through pre-filing counseling and pre-discharge education, housing default and reverse mortgage counseling.
Tel: 877-818-5923    www.moneymanagement.org

Self Help Center (Clerk of the Circuit Court)
M-F 8:30-4:30 Appointments M/W/F
545 1st Ave N. Room 103, St. Petersburg
Tel 727-582-7941
315 Court Street Room 114, Clearwater 33756
Tel: 727-464-5150
29582 US 19 Room 101, Clearwater 33761
Tel. 727-464-5150
www.mypinellasclerk.org

MEDICAL SERVICES

Community Health Centers of Pinellas
Most major insurance plans accepted including Medicaid, Medicare, private and sliding scale.
For appointment call #727-824-8181 or visit www.chcpinellas.org

DNA Testing
1-800-DNA-CENTER (362-2368)

Family Law Pro Se Project
Resource center helping with guidance in child support, visitation, custody, paternity, name changes, etc.
Locations in St. Petersburg & Clearwater – 727-582-7200

Gulf Coast Legal Services
501 1st Ave N, Suite 420., St. Petersburg
Tel. 727-821-0726
5175 45th St. N. Room 216, Lealman 33714
Tel. 727-821-0726
www.gulfoastlegal.org

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Budget, credit, and bankruptcy assistance through pre-filing counseling and pre-discharge education, housing default and reverse mortgage counseling.
Tel: 877-818-5923    www.moneymanagement.org

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Tel 727-582-7941
315 Court Street Room 114, Clearwater 33756
Tel: 727-464-5150
29582 US 19 Room 101, Clearwater 33761
Tel. 727-464-5150
www.mypinellasclerk.org
Florida Department of Health in Pinellas

- 310 N. Myrtle Ave. Clearwater #727-275-6572
  Primary care for uninsured adult, dental, pediatrics, immunizations, laboratory, MedNet, family planning.
- 8751 Ulmerton Rd, Largo #727-275-6382
  Primary care, for uninsured adult, immunizations, triage nursing, laboratory, family planning.
- 6350 76th Ave. N., Pinellas Park - location closed for the next 6 - 8 months.
  Primary care for uninsured adult, dental, laboratory, healthy families, triage., family planning.
- 301 S. Disston Ave., Tarpon Springs #727-485-1806
  Primary care for uninsured adult, dental, ADAP, laboratory, MedNet, family planning.
- 205 Dr. Martin Luther King Jr. St. N. St. Petersburg #727-824-4127
  Primary care for uninsured adult, dental, MedNet, family planning.

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<tr>
<th>Bayside Health Clinic – Mobil medical unit for homeless</th>
<th>Bayfront Family Health Center</th>
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<tbody>
<tr>
<td>727-453-7866 Call for places, dates, times. Services persons and families without insurance or have the County Health Plan (blue card #727-464-4200).</td>
<td>700 6th St. South, 3rd floor, St. Petersburg 727-893-6116</td>
</tr>
<tr>
<td><a href="http://Www.pinellascounty.org/humanservices/healthprogram.htm">Www.pinellascounty.org/humanservices/healthprogram.htm</a></td>
<td><strong>Clinica Guadalupana</strong> English and Spanish</td>
</tr>
<tr>
<td>Clearwater Free Clinic (ages 1 mo. – 65y/o) For the uninsured-sliding scale</td>
<td>707 N. Fort Harrison, Clearwater: 727-447-3041</td>
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<tr>
<td>727-475-6700</td>
<td>Proof of citizenship, ID, Social Security number required.</td>
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<tr>
<td>Pediatrics on Wednesday. <a href="http://www.clearwaterfreeclinic.org">www.clearwaterfreeclinic.org</a></td>
<td>Mon-Thurs. 8:30-12 by appointment. Tel. 727-461-7730</td>
</tr>
<tr>
<td><a href="http://Www.clearwaterfreeclinic.org">Www.clearwaterfreeclinic.org</a></td>
<td>1020 Lakeview Rd. Suite 4, Clearwater</td>
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<tr>
<td><a href="http://www.sunshinestatepharmacy.com">Diabetic Solutions/Sunshine State Pharmacy</a></td>
<td>Diabetics Solutions/Sunshine State Pharmacy</td>
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<tr>
<td>727-453-7866</td>
<td>Medications shipped to home address with RX from medical provider.</td>
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<tr>
<td>Most insurance accepted and uninsured will be assisted at discount.</td>
<td>Call 954-346-7759</td>
</tr>
<tr>
<td><strong>Florida Family Primary Care Centers</strong></td>
<td>Lions Sight Center (vision exams for a $25 donation)</td>
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<tr>
<td>6245 66th St. N. Pinellas Park Tel. 727-873-3891</td>
<td>330 5th St. N., St. Petersburg (2nd floor) 727-893-7152 – Leave message</td>
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<tr>
<td>Adult and pediatric care.</td>
<td><strong>St Petersburg Free Clinic Health Center</strong></td>
</tr>
<tr>
<td>Preserve Vision Florida</td>
<td>5501 4th St. N. St. Petersburg 727-327-0333</td>
</tr>
<tr>
<td>9200 Seminole Blvd. 2nd floor Seminole</td>
<td>Adults ages 18 – 64</td>
</tr>
<tr>
<td>Tel. 813-874-2020 x. 4024</td>
<td>Need FL ID &amp; Pinellas address.</td>
</tr>
<tr>
<td>Vision screenings and free eye glasses depending on income. <a href="http://Www.pvfla.org">Www.pvfla.org</a></td>
<td><strong>St. Petersburg Family Care</strong></td>
</tr>
<tr>
<td><a href="http://www.spc.org">St. Petersburg Family Care</a></td>
<td>6450 38th Avenue North, Suite 400 St. Petersburg Tel 727-545-4444</td>
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<tr>
<td><a href="http://www.spc.org">St. Petersburg Family Care</a></td>
<td><strong>Turley Family Health Center</strong></td>
</tr>
<tr>
<td>807 Myrtle Ave. N. Clearwater 727-467-2400</td>
<td>807 Myrtle Ave. N. Clearwater 727-467-2400</td>
</tr>
<tr>
<td><a href="http://www.spc.org">Willa Carson Health Resource Center</a></td>
<td>1108 N. Martin Luther King Ave, Clearwater, FL 33755</td>
</tr>
<tr>
<td>1108 N. Martin Luther King Ave, Clearwater, FL 33755</td>
<td>727-467-9411 Basic health services provided (no fee).</td>
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</tbody>
</table>

All information is subject to change without notice and it is strongly suggested to call before heading out to any of the resources listed in this manual. Expect assistance by phone or email, drive-thru, suggestions to wear face coverings and to keep social distance.
NEIGHBORHOOD FAMILY CENTERS

Neighborhood Family Service Centers provide a local resource for family and parenting support, and promote a healthy and safe community in which families can thrive to their greatest potential. A broad range of services available. Call each center for details.

NORTH COUNTY
- Union Academy — 401 E. MLK, Jr. Drive, Tarpon Springs — 727-934-5881
- Mattie Williams — 1003 Dr. MLK St. N., Safety Harbor — 727-791-8255
- Hispanic Outreach — 612 Franklin St., Clearwater -727-445-9734 & 600 Klosterman Rd. Tarpon Springs -727-301-8917
- Dr. Martin Luther King/Greenwood — 900 N. Dr. MLK Jr. Ave, Clearwater — 727-442-5355

MID COUNTY
- High Point — 5812 150th Ave. N., Clearwater — 727-533-0730
- Family Center on Deafness — 12445 62nd St. Suite 303, Largo — 727-501-2323
- GRAYDI — 13420 Adams Circle, Largo — 727-584-7200
- Lealman/Asian Center — 4255 56th Ave. N., St. Petersburg — 727-528-7891

SOUTH COUNTY
- Sanderlin Center — 2335 22nd Ave. South, St. Petersburg — 727-321-9444

PARENTING CLASSES

Go to Pregnancy Centers page for more classes.

Directions for Living Tel. 727-547-4566
Early Childhood Consultation Services
Birth to 5 years old. Court approved. Free.
In home and locations in Largo and Clearwater.
www.directionsforliving.org

St Pete General Hospital Classes for Moms, Dads and siblings (brothers and sisters)
6500 38 Ave N, St Petersburg Tel. 727-341-4055
All classes are free of charge, but reservations are requested.
Register online www.StPeteGeneral.com
Note: Click on "Patients and Visitors" then click on "Classes and Events".

St Petersburg College
Tel. 727-341-3000 Life Long Learning
Class for those going through a divorce.
All programs court approved and $50.

Supporting Motherhood and more
Mease Countryside Hospital and Morton Plant Hospital
Class Registration 1-855-269-4777 (Spanish available)

Suncoast Center Tel. 727-388-1220
4010 Central Avenue, St Petersburg
Active Parenting Now:
Court approved, 2 hour classes in 6 week cycles.
Total Family Strategy:
Free to clients with a child under 18 years or to a parent who
is disabled or in crisis. Offers in-home parenting.

Text4Baby
Totally free text messages 3 times a week with info to help you
through pregnancy and baby's first year. Text BABY to 511411
to enroll. www.text4baby.org

HIPPY Program:
Home Instruction for Parents of Pre-school Youngsters.
A free weekly home visiting program for parents with children ages 3-5 to help parents be their child's first educator.
Education materials and curriculum supplied by instructor to families. A year long program. Tel. 727-570-8841

Operation Par Programs:
1930 4th Street South, St. Petersburg 727-551-5192
13800 66th Street North, Largo 727-545-7538
Strengthening Families: Dinner & childcare provided. Court approved.
Parenting Wisely: Meets once a week. No childcare provided
for this class. Court Approved. $30
Nurturing Parenting: Free. 12 week Course. Wed. 9am-11:45am. No Child Care,

Parenting Class for Family Stabilization
Tel. 1-800-767-8193
Court approval 1 day 4 hours course ($45)
For those going thru a civil action with a child.

USF St. Petersburg Infant Family Center
100 5th Ave. South, St. Petersburg Tel. 727-873-4876
ifc@usf.edu
Nurturing Parenting and Circle of Security classes for families
with children 0-5. No cost. Call for times and locations.

USF St. Petersburg Family Study Center
Figuring it out for the Child Program: supporting unmarried,
non-co-resident African American parents having their first
baby together. Tel. 727-873-4844
# PEDIATRICIANS

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**Medicaid:** Most Pediatricians accept Medicaid.

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Language Key: All practices have English speaking staff in addition to other languages listed.

For updates or other helpful information, go to our website: www.healthystartpinellas.org

PREGNANCY SUPPORT

Services & items offered at no charge and may include: pregnancy tests, limited ultrasound, std/sti testing, childbirth & parenting classes, maternity and infant clothing, diapers, baby equipment, supplies and baby formula & food.

Please call each center for details and days & hours of operation.

A Woman’s Place
927 Klosterman Road, Tarpon Springs, FL #727-940-2626
8001 66th Street North, Pinellas Park, FL #727-545-1234

Foundations of Life Pregnancy Center
1213 16th Street North, St. Petersburg, FL #727-550-4236

Mary’s Outreach
4144 Central Avenue, St. Petersburg, FL #727-323-5100

The Next STEPP Center (Services to Those Experiencing Pregnancy or Parenting)
1210 22nd Street South, St. Petersburg, FL #727-896-9119

Bay Area Family & Pregnancy Center
2380 Drew Street, #6, Clearwater, FL #727-449-1988
5812 150th Avenue North, Clearwater, FL #727-395-9500
4000 43rd Street North, St. Petersburg, FL #727-200-9166

Kimberly Home
1189 NE Cleveland Street, Clearwater, FL #727-443-0471

Upper Pinellas Support Services Pregnancy Center
80 North Walton Avenue, Tarpon Springs, FL #727-937-4304

Project Teen Birth Call– 813-820-1660
Providing a full spectrum doula to achieve continuity of care during all pregnancy experiences, prenatal and postpartum visits in the comfort of your home or partnering birth centers. Working with mothers ages 13-20.
Connect: Online– www.projectteenbirth.org
Serving Pinellas and Hillsborough counties.
**Doula=someone that provides guidance and support to pregnant mothers.**

A Safe Haven For Newborns
1-877-767-2229
Infants 7 days old or less
Don’t panic! You are not alone. We are here to help. Don’t abandon your baby. Give your baby to any staff at a hospital, EMS or Fire station.

Expert written resources and information for families:
Visit 4th Trimester Project at:
https://newmomhealth.com/
PRENATAL PROVIDERS

CLEARWATER
*A Place for Women – Drs. Delia Delgado, Lorraine Cuadros, Alexis Lipton & Annika Chadee and Mariza Muschezo, APRN – (see Seminole location) – 727-393-2800
All Fempo Care – Drs. Hugo Perez & Jose Calderon – 727-785-7686
BayCare Medical Group – Drs. Elvia Vallejo, Christopher Kraft, Rachel Lambert & Eden Zeleke - 727-462-3401
Community Health Centers at Clearwater – Drs. Amy Gabriel, Erica Schneider, Jonathan Nutter & Michael Kinder and CNM, APRN’s Sharon Turpin, Elizabeth Plummer, Jaime Clark, Lucy Bosley and Jenny Bagg, CNM and APRN Emily Michelson – 727-824-8181 – (see PP and two SP locations)
Florida Department of Health in Pinellas County – Dr. Arboleda – 727-469-5800
Gulfcoast Institute of Ob/Gyn – Drs. Romeo Acosta, Guillermo Calderon, Emanuel Javate, Christina Shanais, Wilfredo Lorenzo & Taylor Ann Lentz, PA – 727-540-0670 (see SP & Seminole locations)
Dr. G. Stephen Igel and Robyn Reese, CNM – 727-461-7611 (see Tarpon Springs location)
Turley Family Health Center – CNM’s Carol Hay, Carol Kitchen, Cathy Vinciguerra, Rachel Stall & Susan Salazar – 727-467-2550
*Dr. Thomas Walter and Amy Harrington – 727-669-6242
*Women’s Care Florida/Countryside Obstetrics & Gynecology – Drs. Anjana Patel, Trisha Llewellyn, Maria Pimentel, Heather Norton & Amanda Kane and Stacy Bozeat, MSN, APRN, NP-C - 727-725-5121
*Women’s Care Florida/Lerner, Rudolph, McCance & Associates – Ds. Saul Lerner, Richard Rudolph, Gigi McCance, Ryan Brosch, Susan Marcelli, Jacqueline Fernandes & Katharine Weinstock – 727-461-2757 (see offices in SP & PH)

LARGO
Breath of Life – Cynthia McCullough, APRN, CNM, DNP & Laci Spengler, APRN, CNM – 727-216-1420
Women’s Care Florida/Contemporary Women’s Care Drs. Katherine Dadisman, Susan Fosnot, Brooke Ritter, Diana Connor, Ashley Long & Alexandra Reyes and CNM’s Lisa Moss, Debbie Landis-nussbaum, Tonia Badura & Katherine Mena – 727-462-2229
(see Palm Harbor location)

PALM HARBOR
Ladies & Babies – Dr. Arleigh Ancheta – 727-781-3448
Women’s Care Florida/Contemporary Women’s Care – (see Largo location) – 727-281-9649
*Women’s Care Florida/Lerner, Rudolph, McCance & Associates – 461-2757 (see providers in CW & see SP location)

PINELLAS COUNTY
*Circle of Life – Cheryl Moore, LM – home births – 813-426-2397

PINELLAS PARK
Community Health Centers at Pinellas Park – (see providers in CW & see SP location) – 727-824-8181

SAFETY HARBOR
*Florida Women’s Care – Dr. James Gallagher – 727-786-8678
Women’s Care Florida/Williams, Goldman & Watson – Drs. A. Trent Williams, Joshua Goldman, Jennifer Watson, Christy Nolan, Sarah Shelden, Jennifer Bowen & Lauren Moorehead and APRN, CNM’s Jacqueline Tinny, Shelley Chenault & P. Kim Lindsey and APRN’s Rachel Russell & Lynn DeVries – 727-376-7734

ST. PETERSBURG
JH/ACH OB-GYN Specialists – Drs. Sheila Devanesan, Suzanne Icey, Laura Politz, Jenny Michael, Yissa Fonticello, Solimar Jimenez-Diaz & Tara Elizabeth Taylor and APRN, CNM Amy Johnson – 727-767-6060
Community Health Centers at Bayfront – (see providers in CW and locations in Pinellas Park & JC) – 727-824-8181
Community Health Centers at Johnnie Ruth Clarke – (see providers in CW & see Pinellas Park location) – 727-824-8181
Gulfcoast Institute of Ob/Gyn – 727-344-4651 – (see providers in CW & see Seminole location)
Women’s Care Florida/Absolute Health & Wellness – Drs. Jennifer Gilby, Sarah Miller, Nadia Pile & Jenna Harrison and Joyce Kepto, APRN and Sarah McGuire-Prater, CNM and APRN, CNM’s Kat Ambler, Erica Estess, Kim Craig & Amy Reinke– 727-323-3838
Women’s Care Florida/BayView Ob/GYN – Drs. Thomas McNeill, Jr. & Carlos Reyes and APRN, CNM’s Darleen Weingarten, Michelle Griner and APRN Liz Gonzalez – 727-895-1300
*Women’s Care Florida/Lerner, Rudolph, McCance & Associates – 727-461-2757 (see providers in CW and see PH location)
Women’s Care Florida/New Beginnings – Drs. Kimberly Biss & Raphael Guichard and APRN, CNM’s Connie Rudolph & Candice Boddy – 727-456-0080
Women’s Care Florida/St. Petersburg Obstetrics & Gynecology – Drs. Molly Long, Beth Diner, Linda Tijerino, Anna Wouters & Prashanti Loges Swan and Janet Daughtry, APRN, CNM and Donna Wilkinson, APRN-C (two locations) – 727-954-7121

SEMINOLE
*Place for Women – (see providers in CW location) – 727-393-2800
Gulfcoast Institute of Ob/Gyn – 727-319-2303 – (see providers in CW & see SP location)

TARPON SPRINGS
Dr. G. Stephen Igel and Robyn Reese, CNM – 727-461-7611 (see Clearwater location)
*These providers may not accept Medicaid.
**SHELTERS/EMERGENCY HOUSING**

**Alpha House**
701 5th Ave. N., St. Petersburg, FL • 727-822-8190
Homeless woman ages 14-41 pregnant or with baby 9 months or younger; Six months clean and sober. School attendance or work required to maintain placement.

**CASA**
Tel. 727-895-4912
For survivors of domestic violence. Emergency and temporary housing program.

**Pinellas Hope** sponsored by Catholic Charities
5726 126th Ave. N, Clearwater, FL. 727-556-6397. A 90-day shelter for homeless men and women clean and sober; case managers and adult GED classes on site.
Sponsored by Catholic Charities 727-893-1313

**Religious Community Services/Grace House Emergency Housing**
1552 S. Myrtle Avenue, Clearwater, FL • 727-446-5964
Eligibility: Homeless families with children; maximum stay 8 weeks, and referral to mental health services if needed. Must be employed or employable for 18 & over. Drug test and background check required.

**Salvation Army Emergency Shelter**
340 14th Ave. S., St. Petersburg, FL • 727-822-4954
Call for appt. Family dorm, female dorm and male dorm on premises. First 7 days free, thereafter $10.00 a night to stay.

**Family Promise of Pinellas County**
727-201-9571 Families with children under 18 years of age.

**H.E.P. (Homeless Empowerment Program)**
1120 N. Betty Lane Clearwater, FL 33756 • 727-442-9041
Housing and support for individuals, families and veterans.

**Pinellas Safe Harbor** 14840 49th Street North, Clearwater, Florida 727-464-8058. A homeless shelter and jail diversion program designed to be a safe haven for homeless. 24 Hours 7 Days per week. Pinellas County residents.

**Safe Place to Be: Runaway Crisis Shelter**
North County: 727-298-1606  South County:727-893-1893  24/7
Offers shelter for LGBTQ ages 16-17, runaways and families.

**St. Petersburg Free Clinic/We help**
863 3rd. Ave. N. St. Petersburg 33701
Women’s Residence-case managed 727-821-3894
Family Residence-1-3 weeks—Dial 211
Beacon House-long term, for men 727-823-5780

**SUBSTANCE USE TREATMENT**

**Operation PAR**
24 hour helpline  1-888-727-6398
(various locations throughout county)
Detox  Tel. 727-507-4673
6150 150th Ave N, Clearwater, FL 33760
PAR Village for Women
13800 66th St. N, Largo 33771  Tel 727-538-7245
Residential treatment and drug abuse rehab
Motivating New Moms  (PAR)
Home visitation and supportive services
Contact Cara: 727-432-3416
Contact Anne: 727-744-1014
COSA (PAR)
2000 4th St North, St Petersburg, FL 33705

**Fairwinds Residential Treatment**
1569 South Fort Harrison, Clearwater
Tel. 727-449-0300
Hospital In Patient /Residential Short Term
Specializing in dual diagnosis
Self-pay/private insurance/No Medicaid

**WestCare Florida**
OUTPATIENT SERVICES CENTERS: Tel. 727-490-6768
Main office: 880 49th St. North #403 Pinellas Park 33782
Locations in St. Petersburg and Pinellas Park
SERVICES: Ryan White, Re-entry, Drug Court, Prevention, Veteran's Treatment Court
Clients under influence of substance
No insurance required/homeless ok

**Alcoholics Anonymous:**
Tel. 727-530-0415
[www.aapinellas.org](http://www.aapinellas.org)

**Bay Area Narcotics Anonymous:**
Tel: 1-888-779-7117
[www.bascna.org](http://www.bascna.org)

**Al-Anon Family Groups**
Tel: 1-888-425-2666
[https://al-anon.org/](https://al-anon.org/)

**Smoking Cessation**
Tobacco Free Florida- Quit Your Way at 877-848-6696 or 813-929-1000
visit: [www.tobaccofreeflorida.com/quityourway](http://www.tobaccofreeflorida.com/quityourway)

CDC tips and resources:  [www.cdc.gov](http://www.cdc.gov)

**Suncoast Center**
Central Office: 4024 Central Ave. St Petersburg
For appointments call: 727-388-1220
Mon / Fri: 8am-5pm Tues, Wed ,Thurs: 8am-8pm
Many programs available focusing on mental health, substance use, family counseling, trauma assessment and counseling.

**Windmoor Health Care**
11300 US 19 N, Clearwater
Tel. 727-541-2646 24 hours a day
Medicare, private and some Medicaid/HMO
Ask for WIN team if no insurance
In patient detox 18 yrs. and older
Outpatient /inpatient services for mental health.
TRANSPORTATION

Medicaid transportation

All Medicaid recipients in Pinellas and Pasco Counties will have to access Medicaid services, including transportation, through one of the four Managed Care Organizations listed below. You must have a letter from the Agency for Healthcare Administration (AHCA) that lists the Managed Care Organization (MCO) you have been assigned to. If you do not have a letter, then:

Contact Medicaid/AHCA to find out which MCO is designated for your use by calling their Choice Counselor Hotline at (877) 711-3662.

The customer service line for each of the Managed Care Organizations (MCO) serving Pinellas County are:
*Humana: 1-800-477-6931  TTY: 711
*Sunshine: 1-866-796-0530  TTY: 1-800-955-8770
*more specialty plans exist.

Call the Medicaid provider 3-4 days in advance and you will be asked for your Medicaid number, trip purpose and details like address and time of appointment. They will send this information to one of their transportation brokers, who will schedule the trip with a local transportation provider. If there is a problem with the trip, file a complaint with AHCA via their website or phone number posted above.

LEARN MORE:
AHCA has a comprehensive website with links to a program snapshot, FAQs and a Complaint Form at http://www.ahca.myflorida.com/smmc.

Reduced-Cost PSTA Bus Passes

The Pinellas Suncoast Transit Authority (PSTA) provides bus service throughout most of the county. All buses are air-conditioned and wheelchair accessible.

- Regular Cash Fare $2.25
- Reduced Cash Fare $1.10
- Three day unlimited Ride Flamingo Fare $18.00
  - Seven day unlimited GO card $25.00
  - Seven day reduced GO card $12.50
- 31 Day unlimited reduced fir GO card $35.00
  - Passport Monthly Pass $85.00
  - Other passes available also.

Travel to any location served by the PSTA bus system. Bus route maps and schedules available at PSTA.

For application, and information, call (727)540-1900 or go to the website at www.psta.net.
UTILITY ASSISTANCE

*Each program has different eligibility guidelines and funding sources*

**Assurance Wireless Phone Program:**
Assurance Wireless Benefits - FREE Phone & 350 FREE Voice Minutes Each Month. Eligibility varies by state, but you may qualify for Assurance Wireless. Tel. 1-888-321-5880  www.assurancewireless.com

**Catholic Charities**
Provides support and guidance to stabilize poor individuals and families in crisis in danger of becoming homeless in need of emergency utility assistance. Tel. 727-893-1313  www.ccdosp.org

**Family Services Initiative (FSI)**
Call 211 or 727-210-4211 Text your zip code to 898211
Eligibility: To be eligible, there must be one person in the household with a social security number and the family must be able to prove sustainability within 30 day of assistance.

**Florida Life Line/Linkup Florida**
Discount phone services and phone bill assistance. Call 1-800-540-7039

**Good Samaritan Program**
Assists the residents of Dunedin, Largo, Seminole and Clearwater with partial costs of water and electric bills. By appointment only. Tel. 727-644-4795

**Pinellas County Urban League Low Income Home Energy Assistance Program (LIHEAP)**
727-327-0977 (must have appointment) Calls start at 8:15 a.m.
Must meet income criteria, complete application and provide identification, proof of household income and assets. Assistance is limited to once a year. Provides assistance to pay a portion of the home energy costs.

**Pinellas Opportunity Council, Inc.**
Admin. Office: 501 1st Avenue North Suite 517, St. Petersburg; 727-823-4101 Call for requirements and eligibility. Emergency assistance for energy bills, rent, mortgage, food etc.

**Safelink Wireless Phone Program:**
Safelink Wireless is a government supported program that provides a free cell phone and airtime minutes. Customer must call for guidelines. 1-800-723-3546  www.safelinkwireless.com

**Salvation Army Financial Assistance Social Services Office** - call for an appointment
Must show proof of residence; picture ID, income/expense info. or shut-off notice. Service provided once per year.

St. Petersburg – 3800 9th Ave. N.: 727-323-2222
5321 4th St. North: 727-521-4208

Clearwater - 1521 East Druid Road: 727-446-4177
24400 US 19: 727-724-3913
1446 S. Missouri Ave.: 727-447-1913

Tarpon Springs – 209 S. Pinellas Ave., 727-934-4476

**St. Nicholas Greek Orthodox Church**
Assistance with electric, water and other financial needs for residents of Tarpon Springs, and Palm Harbor (also New Port Richey and Holiday). Call 727-944-3366

**St. Vincent de Paul CARES**
Churches assisting with rental and utilities. Funding varies. Call 727-823-2516 x.1101

**United Methodist Cooperative Ministries/Suncoast**
Tel. 727-442-6881 ext. 1 Call for an appointment.
Call for information on assistance with rent, utilities, English classes.  www.umcmsuncoast.org

**We Help/St. Petersburg Free Clinic**
863 3rd Ave. N., St. Petersburg; Tel. 727-821-1200 – Eligibility determined by a needs assessment of individual and family. Requires ID, verification of income and expenses. Call for days & time. Assistance with ID, BC, transportation, water bill, baby items, medical supplies and more.
WIC

Nutrition program for pregnant, post-partum & breastfeeding women and infants & children up to five years old providing healthy foods including fresh fruits and vegetables at no cost.

For an appointment call 727-824-6913 or 727-824-6914

Assistance by phone and email (to send necessary documents).

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<th>St Petersburg</th>
<th>Mid County</th>
<th>Tarpon Springs</th>
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<tr>
<td></td>
<td>205 Dr. MLK Jr. St. N.</td>
<td>8751 Ulmerton Rd., Largo</td>
<td>301 S. Disston Ave.</td>
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<td>727-824-6900</td>
<td>727-524-4410</td>
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<td>Drive through available.</td>
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<td>Safety Harbor Neighborhood Center</td>
<td>1003 MLK St. N. Safety Harbor</td>
<td>Pinellas Park</td>
<td>Clearwater</td>
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<td>727-791-8255</td>
<td>Closed for renovations for 6-8 months.</td>
<td>310 Myrtle Ave.</td>
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<td>6350 76th Ave N.</td>
<td>727-469-5800</td>
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