

May 20, 2016

FITNESS ZONE TO BE DEDICATED IN LEALMAN ON MAY 24



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The Florida Department of Health in Pinellas County (DOH-Pinellas) invites the community to the dedication of the newest Fitness Zone at Lealman Neighborhood Park, 3890 55th Ave. N., St. Petersburg. The dedication is **at 9 AM on Tuesday, May 24**. Parking is available on 55th Ave. between 37th St. and 39th St.

Elected officials and other dignitaries will join community representatives for the dedication.

Fitness Zones are outdoor recreation areas with people-powered equipment that anyone can use at no cost. They're located in parks from Tarpon Springs to south St. Petersburg and are open during park hours. Two Fitness Zones have wheelchair-accessible exercise equipment.

The Lealman Fitness Zone is the 14th one in Pinellas; the 15th will open at Largo's Datsko Park this summer. They are funded by DOH-Pinellas' Partnerships to Improve Community Health (PICH) grant, which is administered by the Centers for Disease Control and Prevention to provide more opportunities for physical fitness and healthy nutrition in communities around the nation.

The Florida Department of Health also has a Healthiest Weight Florida initiative, a public-private collaboration bringing together state agencies, not-for-profit organizations, businesses and entire communities to help Florida's children and adults make choices about healthy eating and active living.

For a printable listing of all the Fitness Zones and the locations of recreation centers in Pinellas cities and towns, go to <http://pinellas.floridahealth.gov/programs-and-services/wellness-programs/health-promo-school-health/documents/pinellas-county-recreation-centers-and-fitness-zones.pdf>.

For information about DOH-Pinellas, go to www.PinellasHealth.com or call (727) 824-6900.



Fitness Zone at Riviera Bay Park in St. Petersburg.

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About the Florida Department of Health

The department works to protect, promote and improve the health of all people in Florida through integrated state, county and community efforts.

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